



## **Sexual Violence Prevention Curricula Guide**

Prevention curricula can be useful tools to enhance programming, so the Prevention Resource Center (PRC) has compiled a listing of several curricula that are used by sexual violence preventionists. The Guide provides information about the focus areas, audience, availability, and any available evaluation findings.

Curricula are tagged with the following topics:

- Boys & Men
- Bullying
- Bystanders
- Communication
- CSA (Child Sexual Abuse)
- Culturally Specific
- Disability
- Girls & Women
- Healthy Sexuality
- Relationships
- Sexual Harassment
- Technology

This list is not intended to include all possible curricula options nor serve as an endorsement of included curricula. The intention of this resource is to provide preventionists with a starting place when reviewing curricula to meet the needs of their community. When using any curriculum, you should consider specific risk and protective factors of the community, consistency with The 9 Principles of Effective Prevention, and overall reach of the Social-Ecological Model. Almost every curriculum will need to be modified to fit the community you are working with and you may find it most beneficial to pull from several curricula to create a customized program.

We update this guide periodically and request that you link to [www.wcsap.org/curricula-guide](http://www.wcsap.org/curricula-guide) rather than share this PDF so you will have access to the most recent version. Additionally, if you have used any of these curricula or know of others we should review, you can send feedback to [prevention@wcsap.org](mailto:prevention@wcsap.org).



## SEXUAL VIOLENCE PREVENTION CURRICULA GUIDE

Topics	Title	Description	Target Audience	Availability	Empirical Support
Bystanders; Relationships	<a href="#">Agents of Change</a>	Agent of Change is an online game which allows users to choose their reactions, creating pathways and customizing situations to the specific questions and needs of the student. Agent of Change addresses many forms of violence, and includes diverse characters. Continuously updated with student pre- and post-test data.	College students.	Contact We End Violence at <a href="mailto:info@weendviolence.com">info@weendviolence.com</a> .	Evaluation completed by a University of Illinois professor, who found Agent of Change to be significant in terms of understanding sexual violence and increasing bystander behavior. Recommended by a Department of Defense evaluation team.  Download the <a href="#">2013 report</a> , or the <a href="#">2015 report</a> .
Relationships; Girls & Women; Culturally Specific	<a href="#">Be Strong: From the Inside Out</a> (2012)	Empowerment Model program created by Peace Over Violence. Structured to encourage positive female development on each level of the social-ecological model. Each lesson provides an opportunity for young women to challenge oppressive social norms, build connections with peers, develop their sense of self-esteem, and work towards preventing sexual and intimate partner violence. This curriculum utilizes the <i>Developmental Assets for Adolescents</i> framework.	Females age 13-19. Developed for use with primarily Latina and African American females in LA; can be used with any population.	Available for a discounted nonprofit/school price of \$95 and \$145 regular price. Can preview parts: <a href="http://youthoverviolence.org/programs/be-strong/">http://youthoverviolence.org/programs/be-strong/</a>	Evidence-based and evaluated by an independent company which touts positive results. However, the results and methods of the research are not available to the public. <a href="#">You can find results of the evaluation here (starting on slide 16).</a>
Bystanders	<a href="#">Bringing in the Bystander</a> (2005)	Consists of either one 90-minute or two to three shorter sessions, delivered in quick succession (within a week). Consists of community-specific examples to increase empathy for survivors and awareness around sexual violence. Interactive activities and discussions.	College students, ages 18-23.	Contact <a href="mailto:prevention.innovations@unh.edu">prevention.innovations@unh.edu</a> to purchase the program materials.	Results from a 2007 study found that Bringing in the Bystander significantly increased the likelihood of bystander behavior and awareness around sexual violence, while decreasing rape myth acceptance. <a href="#">Read the study here.</a>



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Relationships	<a href="#">Building Healthy Teen Relationships</a>	Curriculum developed by the Idaho Coalition Against Sexual & Domestic Violence's Center for Healthy Teen Relationships. Intended to help teens identify and develop healthy relationships.	Ideally for grades 6-8, ages 11-14, but can also be used in grades 9-12, ages 14-19.	<a href="#">Can be downloaded for free.</a>	No research available.
Communication ; Relationships; Sexual Harassment	<a href="#">Building Healthy Relationships Across Virginia</a>	This guide (unCurriculum) was created by the Virginia Sexual and Domestic Violence Action Alliance. Includes: Facilitator's introduction and 6 units; Positive Personal Development, Addressing Teen Dating Violence, Addressing Sexual Harassment with Teens, Addressing Sexual Violence with Teens, Exploring Gender Sexuality and Power, and Promoting Healthy Relationships.	Middle and High School Students.	<a href="#">Can be downloaded from the Virginia Department of Health for free.</a>	No research available.
CSA; Healthy Sexuality	<a href="#">Care for Kids (2005)</a>	The Leeds, Grenville, & Lanmark District Health Unit created a health-based curriculum for children that emphasize healthy sexuality education as an important aspect of child sexual abuse prevention. Each unit teaches and reinforces 2 to 4 simple, age-appropriate messages via a circle time, a song, a book, and an activity or craft. Six-unit curriculum (bodies, babies, feelings, touching, bedtime, and secrets/ surprises).	Children 3 to 8 years old.	Complete kit can be ordered for \$198. Available to member programs in the WCSAP Library.	Research seems to point toward positive outcomes for children (increased understanding of healthy sexuality and increased reporting rates), but the research is not peer reviewed and relies largely on survey results. <a href="#">Read the report here.</a>  *Adapted in the US by <a href="#">Prevent Child Abuse Vermont</a> and <a href="#">The Collins Center</a> (Harrisonburg, VA).



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Boys & Men; Bystanders	<a href="#">Coaching Boys Into Men</a> (2009-2014)	Program designed by Futures Without Violence (FWV) to target adolescent athletes. Coaches learn to address issues of respect and gender equality, with a bystander intervention piece, as well.	High school male identified athletes.	<a href="#">"Coaches' Playbook" available for free; other materials can be ordered on the website.</a>	Named as a promising practice in the most recent <a href="#">CDC literature review</a> . <a href="#">Evaluation findings summary</a> from Futures Without Violence. Found that this intervention helps increase bystander intervention and decrease abuse within relationships. The study was followed-up a year later. <a href="#">Research abstract</a> .
Bullying; Technology	<a href="#">Cyber Bullying Curriculum for Grades 6-12</a> (2014)	This 8-session curriculum addresses cyber bullying, communication skills, peer pressure, and media literacy. This model uses trained peer leaders to teach skills to their peers using small group discussions, scenarios, and other exercises. There are additional resources to use school-wide to address policies and procedures.	Middle and high school students. Includes information for parents as well.	Materials are sold for \$119.	No research available.
Communication ; Healthy Sexuality; Relationships;	<a href="#">DO YOU: Building Youth Resilience Through Creative Expression</a>	Art-based primary prevention program (unCurriculum) created by the Virginia Sexual and Domestic Violence Action Alliance. Addresses youth violence, dating and sexual violence, sexual harassment, and bullying by confronting its root causes and enhancing protective factors to promote positive development and healthy relationships.	Youth 13-16 years old.	Must attend a <a href="#">DO YOU training</a> . Includes blank 'zines, art images, Facilitator's Guide, and evaluation tools.	Initial evaluation of DO YOU indicates positive facilitator experiences and positive changes in behavior and understanding of the content. <a href="#">Report on the evidence-base and evaluation findings</a> .



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Bystanders; Bullying; Relationships; Sexual Harassment	<a href="#"><u>Expect Respect</u></a> (2010)	Program created by Safe Place in Austin, TX. The youth leadership and school-wide components offer a chance to work across the social-ecological model on the primary prevention of violence, bullying, and harassment. <a href="#"><u>Free download of the Manual overview and table of contents.</u></a>	Middle and high school students. Components: support group, youth leaders, and school-wide.	Entire program costs \$160. <a href="#"><u>Order form.</u></a> Available in the WCSAP Library.	Identified as a promising practice by the CDC. Research suggests Expect Respect increases awareness of abusive behavior and increases empathy for those who have been or are being abused, as well as an increase in bystander behavior. <a href="#"><u>Evaluation findings available online.</u></a>
Bullying; Communication	<a href="#"><u>Facilitating Active Child Empowerment</u></a> (2009)	The Pennsylvania Coalition Against Rape created this curriculum with the goal of empowering youth to make healthy decisions. Each of the 11 sessions includes planning and facilitation notes. Curriculum themes: building respect, teamwork, communication, trust, fears, stress, bullying, decision making, rumors, self-concept, and empowerment.	Elementary-aged youth.	<a href="#"><u>Download for free.</u></a>	No research available.
Communication ; Healthy Sexuality; Relationships	<a href="#"><u>F.L.A.S.H.</u></a> (Family Life and Sexual Health) Curriculum (2009-2016)	The King County Public Health Department created this comprehensive sexuality education and violence prevention curriculum. Students are exposed to developmentally appropriate and medically accurate information. Addresses healthy sexuality, body image, gender role norms, media literacy, communication, LGBTQ youth experiences, self-esteem, decision-making, and healthy relationships.	Divided into following lessons: Elementary (grades 4 -6), Middle School (grades 6-8), and High School (grades 9-12).  Lessons are continually updated online.	Elementary curriculum can be downloaded for free. Newly updated Middle and High School editions must be <a href="#"><u>purchased</u></a> digitally (\$50 each) or in printed binders (\$100 each).	Has not been evaluated under rigorous conditions, but has shown promising results in small-scale post-test evaluations. High School FLASH is being rigorously evaluated over the next 5 years to measure its effectiveness in preventing pregnancy and STDs among high school age youth enrolled in public schools. Results will be reported during the 2019–2020 school year. <a href="#"><u>Read more from King County Public Health here.</u></a>



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Communication ; Disability; Relationships; Healthy Sexuality	<a href="#"><u>F.L.A.S.H.</u></a> (Family Life and Sexual Health) Special Education Curriculum (2006-2013)	This edition of King County Public Health Department's FLASH Curriculum contains 28 lessons for special needs classrooms in middle and high schools. Topics include self-esteem, gender identity, assertiveness, relationships, understanding the body, consent, and reproduction.	Youth 11-21 years old in Special Education programs.	Can be downloaded for free.	See above.
Healthy Sexuality; Relationships	<a href="#"><u>The Fourth "R"</u></a>	Curriculum created by Strategies for Healthy Youth Relationships in Ontario, Canada. A comprehensive school-based program involving students, teachers, parents, and the community to prevent violence. Healthy relationship skills are considered an essential piece of education to be incorporated into schools through health classes, English classes, or after-school programs. The curriculum addresses violence, bullying, sexual pressure, media, conflict resolution, and substance abuse. Evidence-based curriculum with results shown to reduce dating violence and increase safe sex practices.	Middle and high school students. Engages teachers and parents as well.	Curricula sold individually by grade and setting. Prices range from \$60 to \$700. Can preview selected lessons.	Evaluation research conducted in 2009, with findings that suggest positive outcomes for preventing dating violence.  Evaluation: Wolfe, D.A., Crooks, C., Jaffe, P., Chiodo, D., Hughes, R., Ellis, W., Stitt, L., & Donner, A. (2009). A school-based program to prevent adolescent dating violence. <i>Archives of Pediatrics &amp; Adolescent Medicine</i> 163(8):692–99. doi:10.1001/archpediatrics.2009.69



## SEXUAL VIOLENCE PREVENTION CURRICULA GUIDE

Boys & Men; Culturally Specific; Relationships	<a href="#"><u>Good Guys! Partnership &amp; Positive Masculinity</u></a>	This program, created by Jewish Women International, explores issues of power and control, gender, self-esteem, masculinity, and relationships within a Jewish context. The sessions are taught sex-segregated, and teach boys how to create healthy relationships and deal with peer pressure. Companion piece for girls, also available as a stand-alone, 12-hour curriculum (see below). There are 3 hour-long sessions. Good Guys! created in collaboration with Jackson Katz (MVP) and Paul Kivel (Men's Work).	Boys and young men in Jewish communities.	Can order for \$50 from their <a href="#"><u>website</u></a> .	No research specific to this curriculum, though it is similar in nature to the MVP program, which has been supported by research.
	<a href="#"><u>Strong Girls! Friendships, Relationships , and Self- Esteem (3- hour)</u></a>				
Boys & Men; Bystanders; Culturally Specific; Relationships	<a href="#"><u>Hombres Unidos Contra la Violencia Familiar (2008)</u></a>	A bilingual curriculum put together by the Migrant Clinicians Network which lasts 5 two-hour weekly sessions and focuses on preventing intimate partner and sexual violence within migrant communities. This curriculum uses a culturally appropriate, popular education style.	English or Spanish-speaking migrant men over the age of 17.	Contact MCN at <a href="mailto:hu@migrantclinician.org">hu@migrantclinician.org</a> for curriculum and technical assistance.	Evaluation has been completed, but is not currently available to the public, but preliminary information suggests it is effective.  Read more on their website: <a href="http://www.migrantclinician.org/services/initiatives/family-violence-prevention/hucvf.html"><u>http://www.migrantclinician.org/services/initiatives/family-violence-prevention/hucvf.html</u></a>
Bystanders; Relationships	<a href="#"><u>In Touch With Teens</u></a>	Intended to reduce instances of violence among diverse groups of youth by focusing on healthy relationship skills and bystander accountability. Developed and implemented in Los Angeles by Peace Over Violence.	Youth 12-19 years old.	Available from Peace Over Violence for \$230.	Was selected as a model youth-violence prevention program by the U.S. Department of Health and Human Services, but no evaluation research is available.





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Healthy Sexuality	<a href="#"><u>It's All One</u></a> (2011)	This curriculum, created by the Population Council, provides a unified approach to sexuality, gender, HIV, and human rights education. The Guidelines book presents an evidence-based policy argument, initial lessons, fact sheets, and a final project-based unit. The Activities book provides effective teaching methods, sample activities, and additional resources. Students learn about sexual health, gender, sexuality, healthy relationships, communication, decision-making, reproduction, and preventing gender-based violence.	Young adults at least 16 years of age. Identifies which activities are adaptable for youth 10-15 years old.	Limited quantities available for free by request.	Is evidence-based and supported by various organizations, but does not have published evaluation research behind it.
Relationships; Culturally Specific	<a href="#"><u>Love – All That and More</u></a> (2009)	The Faith Trust Institute created this healthy relationship and violence prevention curriculum comprised of 6-session curriculum, facilitator's guide, and DVD clips. Teens are given skills to combat violence and develop healthy relationships.	Middle and high school students. Facilitator's guide for use with Christian and Jewish youth, or in public schools.	Complete program can be ordered for \$150. Available in the WCSAP Library.	No peer-reviewed evaluation research, but strongly supported by those in the field.
Bystanders; Boys & Men	<a href="#"><u>The Men's Program</u></a>	Curriculum developed for presentation by men to men. Focuses on decreasing rape myth acceptance and increasing sexual violence awareness and bystander behavior.	Emphasis on young and college-age men.	Books and videos available from the one-in-four website. Peer educator book available for \$81.	There is a lot of evaluation material available which points to positive outcomes from the intervention. However, the author of the guide is associated with all of the evaluations. Read more here: <a href="http://www.oneinfourusa.org/mensresearch.php">http://www.oneinfourusa.org/mensresearch.php</a>





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Bystanders; Boys & Men; Bullying	<a href="#"><u>Mentors in Violence Prevention (MVP) Playbooks</u></a> for High School and College Males	The MVP Model was created by Northeastern University's Center for the Study of Sport in Society and Jackson Katz. Approaches youth as potential bystanders, not victims or perpetrators, to sexual violence, bullying, and harassment. Playbooks use scenarios in order to build bystander response skills. Official training of trainers is available. Originally designed to engage student-athletes and student leaders to use their social influence over peers however can be used to engage a wide range of youth. This program is evidence-based and has shown increased bystander skills. Can be adapted for use with middle school students; especially with high school peers facilitating.	Separate playbooks for High School and College males.	Order Playbooks and Trainer's Guides for College Males for \$20. High School Males and Females for \$35. Or \$50 for complete set of six (High School & College). Available in the WCSAP Library.	The sex-segregated, bystander intervention approach to sexual violence prevention has had strong empirical support by prevention researchers.  There are many evaluation research articles for this program, a few are listed below: Vanyard, V.L., Moynihan, M.M., & Plante, E.G. (2007). Sexual violence prevention through bystander education: An experimental evaluation. <i>Journal of Community Psychology</i> 35(4): 463-481. doi: 10.1002/jcop.20159
Bystanders; Girls & Women; Bullying	<a href="#"><u>Mentors in Violence Prevention (MVP) Playbook</u></a> for High School Females.		High school females.		Fabiano, P.M., Perkins, H.W., Berkowitz, A., Linkenbach, J., & Stark, C. (2003). <i>Journal of American College Health</i> 52(3): 105-112. doi: 10.1080/07448480309595732.
Boys & Men; Bystanders	<a href="#"><u>MOST (Men of Strength) Clubs</u></a> (Curriculum updated annually)	Youth development program created by Men Can Stop Rape. Mobilizes young men to prevent sexual and dating violence. MOST Clubs provide a safe space for young men to connect with male peers and mentors, redefine masculinity, and build capacity of young men to create healthier communities. Utilizes a 22-week curriculum and a variety of social media projects to engage young men and the community. Identified as a promising practice by the CDC.	Middle and high school males.	Must apply for consideration to start a MOST Club. Approx. start-up cost for a site is \$14,500, plus an unspecified annual fee to stay certified and receive technical assistance and supplies.	Evaluation results have shown a positive change in knowledge, beliefs, and behaviors; as well as increased bystander skills in young men.  Results available here: <a href="http://www.mencanstoprape.org/Evaluation/">http://www.mencanstoprape.org/Evaluation/</a>



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Boys & Men; Relationships	<a href="#">One Man Can</a>	Toolkit developed in South Africa focused on ending different forms of violence in their communities, including domestic and sexual violence and the spread of HIV/AIDS. This campaign engages men as teachers, coaches, youth, interfaith communities & fathers.	All boys and men.	Free on their <a href="#">website</a> , available in multiple languages.	Evaluation of OMC found significant improvement in responding to gender-based violence. The research relied on self-report and was time-limited, however.  Dworkin, S.L., Hatcher, A.M., Colvin, C., & Peacock, D. (2012). Impact of a gender-transformative HIV and antiviolence program on gender ideologies and masculinities in two rural, South African communities. <i>Men and Masculinities</i> , 16(2): 181-202. doi: 10.1177/1097184X12469878
Healthy Sexuality; Relationships	<a href="#">Our Whole Lives (OWL)</a> (2013)	The Unitarian Universalist Association created this secular curriculum to help participants make informed and responsible decisions about their sexual health and behavior. It equips participants with accurate, age-appropriate information in six subject areas: human development, relationships, personal skills, sexual behavior, sexual health, and society and culture. Based on a holistic view of sexuality and provides facts about anatomy and human development, but also helps participants clarify their values, build interpersonal skills, and understand the spiritual, emotional, and social aspects of sexuality. Each volume contains different lessons, ranging from 8-session to 27-session curricula.	Six different age-appropriate volumes available: K-grade 1, Grades 4-6, Grades 7-9, Grades 10-12, Young Adults (age 18-35), and Adults.	Each volume is sold separately with prices ranging from \$40 to \$75. Facilitators encouraged to attend training. Available in the WCSAP Library.	Evidence-based, but with no evaluation research.



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Healthy Sexuality; Culturally Specific	<a href="#">Our Whole Lives, Sexuality &amp; Our Faith</a>	This is the religious education companion series to the curricula <i>Our Whole Lives (OWL)</i> . The <i>Sexuality and Our Faith</i> series introduces explicitly UU and UCC material to the sexuality education programs in our congregations. The <i>Sexuality and Our Faith</i> supplementary material includes a companion book for each age-appropriate volume of OWL.	Age-appropriate volumes available: K-grade 1, Grades 4-6, Grades 7-9, Grades 10-12, Young Adults (age 18-35), and Adults.	Only available to Unitarian Universalist or United Church of Christ congregations	See above.
Healthy Sexuality; Disability; Girls & Women Relationships; Sexual Harassment	<a href="#">Personal SPACE</a> (2000)	This violence prevention program for women with developmental disabilities was created by The Arc of Maryland. The Personal SPACE (safety, planning, awareness, choice, and empowerment) program focuses on sexuality, healthy relationships, sexual harassment, sexual assault, domestic violence, and safety planning. The curriculum includes the lesson plans, tools for planning and teaching the materials, and resources.	Adult women with developmental disabilities.	Free to download.	Evaluated by the Arc of Maryland (the creators of the curriculum), who found that beliefs and behaviors around sexual assault changed.  Results can be found on pages 12 and 13 of the curriculum: <a href="http://www.ncdsv.org/images/ArcPersonalSpace-AViolencePreventionProgramForWomen.pdf">http://www.ncdsv.org/images/ArcPersonalSpace-AViolencePreventionProgramForWomen.pdf</a>
Relationships; Healthy Sexuality	<a href="#">The Practical Guide to Love, Sex and Relationships</a> (2015)	A teaching resource from the Australian Research Centre in Sex, Health and Society, La Trobe University, with activities exploring relationships, sexual consent, equity and sexual and reproductive health.  Detailed guide and videos for instructors. Curriculum includes topic talking points, activities, videos, handouts, and evaluation tools.	Middle (grades 7-8) and High School (grades 9-10) students.	Facilitator's guide and both curricula can be downloaded for free.	No research available.



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Bystanders; Communication ; Relationships	<a href="#"><u>The Red Flag Campaign</u></a> (2010)	Public awareness campaign created by the Virginia Sexual and Domestic Violence Action Alliance. Encourages bystanders to intervene when they witness peers in dating or sexual violence situations. The posters address emotional abuse, jealousy, victim blaming, isolation, sexual assault, sexual coercion, and stalking. Posters represent diversity of racial/ethnic backgrounds and both heterosexual and same-sex relationships. Planning Guide includes tips to launch the campaign, discussion group guides, and sample press releases.	College students.	Purchase the campaign package of posters, Planning Guide, and flags for \$850.	Included frequent evaluation when testing and developing the program in the form of focus groups. However, there has been no large-scale evaluation of effectiveness.
Communication ; Relationships	<a href="#"><u>Relationship Skills Class</u></a> (2012)	Curriculum created by The Northwest Network of Bisexual, Trans, Lesbian, and Gay Survivors of Abuse. There are six classes that address anti-oppression, values, expectations, negotiations, accountability, boundaries, conflict, and community connections. Before the first session, participants are given handouts with ground rules, anti-oppression vocabulary, and recommended readings. The curriculum also includes tools for the facilitator.	LGBTQ Community.	Purchase the curriculum for \$250. Available in the WCSAP Library for preview.	No formal evaluation of the curriculum, but focus group feedback implies effectiveness.



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Relationships	<a href="#"><u>Safe Dates</u></a> (2010)	Comprehensive dating violence prevention program. Consists of a 10-session curriculum, play, parent materials, and posters. Students discuss healthy relationships, red flags, helping friends, gender stereotypes, and sexual assault. This is an evidence-based program that has had long-term outcomes measured.	Middle and high school students.	Order entire program for \$225. Available in the WCSAP Library.	<p>Most recent CDC review included promising findings for Safe Dates related to IPSV for teens. <a href="http://www.nsvrc.org/sites/default/files/publications_nsvrc_guide_key-findings-systematic-review-primary-prevention-strategies.pdf">http://www.nsvrc.org/sites/default/files/publications_nsvrc_guide_key-findings-systematic-review-primary-prevention-strategies.pdf</a></p> <p>Was shown by a four-year study (published in 2005) to be effective in decreasing dating violence. Foshee, V.A., Bauman, K.E., Ennett, S.T., Suchindran, C., Benefield, T., &amp; Linder, G.F. (2005). Assessing the effects of the dating violence prevention program "Safe Dates" using random coefficient regression modeling. <i>Prevention Science</i> 6:245–57.</p>
Bullying; Technology; Sexual Harassment	<a href="#"><u>Second Step</u></a>	This curriculum, designed to improve academic success of youth, contains between 13 and 15 lessons depending on grade level. Students are given skills on empathy, communication skills, bullying, bystanders, problem solving, substance abuse, cyber bullying, sexual harassment, stereotyping, and dating violence. This is a research-based curriculum and has shown positive results.	Elementary and middle school students.	Each grade level is \$325.	<p>Independent evaluators found that Second Step effectively lessens bullying behaviors and (slightly) increases prosocial behaviors as compared to a control group. Frey, K.S., Nolen, S.B., Van Schoiack Edstrom, L., &amp; Hirschstein, M.K. (2005). Effects of a school-based social-emotional competence program: Linking children's goals, attributions, and behavior. <i>Applied Developmental Psychology</i> 26:171–200.</p> <p>Holsen, I., Smith, B.H., &amp; Frey, K.S. (2008). Outcomes of the social competence program Second Step in Norwegian elementary schools. <i>School Psychology International</i> 29(1):71–88.</p>



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Healthy Sexuality; Disability	<a href="#">Sexuality Education for Adults with Developmental Disabilities</a>	Planned Parenthood of New England has created cognitively accessible curriculum, which includes 20 lessons with scripts, handouts, detailed pictures, and teaching tools. Participants will learn about different relationships, private versus public, communication, decision making, starting romantic relationships, unhealthy relationships, anatomy, sexuality, consent, sexual choices, pregnancy, and sexual health.	Adults with developmental disabilities.	Can be ordered for \$250. Available in the WCSAP Library.	No research available.
Bullying; Sexual Harassment	<a href="#">Shifting Boundaries</a> (2011)	Shifting Boundaries is an intervention designed to reduce the incidence and prevalence of dating violence and sexual harassment among adolescents. The intervention consists of two parts: a classroom-based curricula and a schoolwide component.	Middle schoolers, 10-15 years old	Available free at <a href="https://www.ncjrs.gov/pdffiles1/nij/grants/236175.pdf">https://www.ncjrs.gov/pdffiles1/nij/grants/236175.pdf</a>	Most recent <a href="#">CDC review</a> of effective and promising programs included Shifting Boundaries.  PreventConnect offers an overview of the curriculum and evaluation findings on the <a href="#">recorded webinar</a> (2013).
Bullying; Bystanders; Technology	<a href="#">Steps to Respect</a>	Bullying prevention program created by the Committee for Children. This 11-lesson curriculum is divided into three age appropriate programs, ranging from grade 3 to 6. Students learn skills to develop healthy friendships, conflict resolution, assertive communication, anti-bullying, and bystander strategies. This is an evidence-based curriculum and has had promising results in reducing bullying through a variety of studies.	Elementary school students.	Order the complete program for \$750. Preview lessons online for free. Available in the WCSAP Library.	Study found that the program was effective over a two-year period in reducing acceptance of bullying behaviors as well as a decrease in bullying incidents.  Brown, E.C., Low, S., Smith, B.H., & Haggerty, K.P. (2011). Outcomes from a school-randomized controlled trial of Steps to Respect: A bullying prevention program. <i>School Psychology Review</i> 40(3):423–43.



## SEXUAL VIOLENCE PREVENTION CURRICULA GUIDE

Relationships; Girls & Women; Culturally Specific	<a href="#"><u>Strong Girls, Healthy Relationships</u></a>	Jewish Women International created a 6-session, 12-hour program to promote a healthy sense of dating, friendship, and self-esteem for young women within a Jewish context. Participants are encouraged to explore these concepts through group discussions and individual writing exercises.	Females age 12 to 15.	A complete program contains the curriculum, workbooks, films, and brochures for \$85.	Evidence-based, but with no evaluation research available.
Boys & Men; Culturally Specific; Relationships	<a href="#"><u>Turning Points: A Commitment to Build Stronger and Safer Tribal Communities</u></a>	The curriculum focuses on both tribal community members and those working with the community as educators, social workers, judges, etc. Appropriate for both native and non-native audiences. Intended to encourage healthy relationships and the identification of sexual and intimate partner violence.	Those in and working with tribal communities.	Available for free download online.	No research available.
CSA; Healthy Sexuality	<a href="#"><u>Where We Live</u></a> (2012)	This curriculum, created by the Pittsburgh Action Against Rape (PAAR), engages parents to prevent child sexual abuse. The program design was heavily informed by parents and many useful facilitation notes are in the manual and throughout the curriculum. Parents complete four 2-hour sessions: boundaries, bystanders, healthy relationships, and healthy sexuality. They are given take-home activities to complete with their children. Comes with evaluation tools.	Parents and caregivers of children up to the age of 10.	Full curriculum, handouts, and facilitation manual available online. Available in the WCSAP Library.	Rigorous evaluation findings have not been conducted. Findings were promising from evaluation efforts when initially created in Pittsburgh. These are available in the curriculum manual.  Additionally, limited evaluative data is available from the first year of piloting the curriculum in Washington State. Available here: <a href="http://www.wcsap.org/pilot-project-report"><u>http://www.wcsap.org/pilot-project-report</u></a>





## SEXUAL VIOLENCE PREVENTION CURRICULA GUIDE

Topics	Title	Description	Target Audience	Availability	Empirical Support
Boys & Men; Relationships	<a href="#"><u>Young Men's Work</u></a> (1998)	This 26-session curriculum, created by Paul Kivel and Allan Creighton, address gender norms, power and control, homophobia, racism, sexism, and other factors that contributes to gender-based violence. Young men are given tools to create healthy relationships through group discussions, activities, and videos. The website provides facilitators with tips on how to incorporate into school health or life skills requirements.	Young men, ages 14 to 19.	The complete collection contains the facilitators guide, activity books, and a DVD and is sold for \$225. Available in the WCSAP Library.	No research available.