Hombres Unidos Contra la Violencia Familiar

Men United Against Family Violence

Adrian Velasquez
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A force for health justice for the mobile poor
Outcomes.

- Methods on how to begin a conversation on sexual and intimate partner violence with Latino migrant men
- Process and outcome evaluation techniques on a primary prevention workshop developed for a specific population
- Knowledge on efforts to continue to engage Latino migrant men in sexual and intimate partner violence prevention
- How to incorporate existing efforts with your population
OUR MISSION

To be a force for justice in healthcare for the mobile poor
Migrant Clinicians Network

- 10,000 constituents
- Founded in 1984
- Oldest clinical network serving the mobile poor
- MCN’s primary constituents
  - Federally funded Migrant & Community Health Centers
  - State and local health departments

Photo © Alan Pogue
MCN Areas of Focus

- Environmental and Occupational Health
- Cancer Prevention
- Violence Prevention
- Health Network
- Primary Care Services
In 2012...

Provided patient navigation to
63 countries
45 U.S. states

CLINICIAN ENGAGEMENT

10,000+ constituents

We work with:
Non-Profit Organizations
Government Agencies
For-Profit Organizations
Universities
Foundations

Health Care Delivery Sites

6,000+
organizations
in the United States
and internationally
that MCN
works with
Risk Factors vs Protective Factors
Risk Factors

- **Individual**
  low self esteem, depression, unemployment, gender roles, prior history, low academic achievement, desire for power and control, etc.

- **Relationship**
  marital instability, male dominance, economic stress, unhealthy family relationships, etc.

- **Community**
  poverty, low social capital, peer behaviors and attitudes, weak community IPV sanctions, etc.

- **Societal**
  gender norms, societal norms that maintain women's inferiority, high violence tolerance levels.
Risk Factors

Latino Migrants

- Low Academic Achievement
- Job Insecurity
- Live under poverty lives
- Male dominated culture – Machismo
- Language Barriers
- Live in Geographically Isolated Areas
- Documentation?
Protective Factors

• Emotional health
• Connectedness with friends & adults
• High socioeconomic status

Latino Migrants

• Familism
• Respectism
• Collectivism
• Personalism
Timeline

Design and Development

Year 1
Year 2
Year 3
Year 4
Year 5

Pilot Testing and Modifications

Year 5
Year 6
Year 7

Implementation Phase

Year 3
Year 4

Evaluation Phase/SWW
Year 1 – Design and Development

- Literature Review
- Leadership Consortium
- KABB Assessment
- Inventory of Available Resources
Hombres Unidos

- Primary prevention
- 5 session curriculum
- Latino migrant men

Source: MCN Hombres Unidos curriculum
STOP!! Water is rough and dangerous.

Primary Prevention

Secondary Prevention

HELP!
Workshop Ideology

• Men can be naturally loving, sensitive, nurturing human beings.
• Many men can and want to help stop violence against women.
• Men who provide support for each other have the power to change the social acceptance of violence.
• We cannot define perfection and we can only change ourselves; we cannot change anyone else.
Year 2: Pilot Testing and Modifications

- Select a group of participants in three locations and test with immediate process evaluation.
- Modify the curriculum based on these evaluation results.
Years 3-5: Implementation

n = 310
The Hombres Unidos Experience
THEORY OF CHANGE:
Freirean, peer educational approach

- Latino males explore attitudes, behaviors, and beliefs about IPV
- Define healthy relationships through group dialogue
- Gain the skills and vocabulary to encourage others to develop healthy relationships
- Take ownership of the issue
- Become advocates against IPV
This reframing of the cultural norms that condone intimate partner abuse and resulting advocacy are expected to reduce IPV in our local communities.
Popular Education
Educación Popular

a concept grounded in notions of class, political struggle, and social transformation.

popular = of the people

... more specifically refers to the ‘popular’ classes, which include peasants, the unemployed, the working class and sometimes the lower middle class

http://en.wikipedia.org/wiki/Popular_education
Promotores

Community Member

Outreach Worker

Respected “Peer”
Promotores

• Train
• Recruit
• Facilitate
• Communicate with MCN/Organization
Interactive and Dialogue Based
Peer Led
Workshop Structure

**SESSIONS:**

1. Male Socialization (Week 1)
2. Definitions of Violence (Week 2)
3. Power and Violence (Week 3)
4. Tools to Prevent Violence (Week 4)
5. Promise and Celebration (Week 5)

**FIVE WEEKS**
Very few handouts ...

**LOW LITERACY**
**DIALOGUE RESOURCES**

**EL CICLO DE LA VIOLENCIA**
**THE CYCLE OF VIOLENCE**
- **EXPLOSIÓN**
  - Ira
  - Anger
  - Pelea
  - Fight
  - Miedo
  - Fear

**LUNA DE MIEL**
**HONEYMOON**
- Disculpa / Apologies
- Remordimiento / Remorse
- Promesas que no volverá a suceder / Promises it won’t happen again

**Muy poca autoestima**
**Low self-esteem**
**Comunicación deficiente**
**Poor Communication**
**Frustración**
**Frustration**

En una relación violenta, la violencia no es constante sino que existe un ciclo en lo que hay momentos de violencia y momentos de felicidad. El ciclo puede completarse en mucho o poco tiempo.
In a violent relationship, the violence isn’t constant but instead there is a cycle in which there are moments of violence and other moments of happiness. The cycle can cover a long or short period of time.
“I promise not to commit, condone or remain silent about domestic and sexual violence”
Evaluation: Years 5-7

RWJF: Strengthening What Works
Focus Groups

- Five focus groups
- Terminology refinements
- Analysis of focus group data
Curriculum Review and Revisions

- Ensure consistency with learning objectives
- Integration of focus group findings
- 3rd and final edition
- Translation
**Pre/Post Test**

**Revisions/Analysis**

- Aligned with content and objectives
- Facilitator led
- Low literacy
- Yes/No

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**HOMBRES UNIDOS CONTRA LA VIOLENCIA FAMILIAR**

**Encuesta Inicial**

1. ¿Usted cree que los hombres deberían tomar las decisiones en una relación?
   - Sí
   - No

2. ¿Cree que las mujeres tienen el derecho a decir "no" si no quieren tener relaciones sexuales con su pareja?
   - Sí
   - No

3. ¿Cree que cuando un hombre pide perdón por un acto de violencia, no cometerá actos de violencia en otra ocasión?
   - Sí
   - No

4. ¿Cuando un hombre golpea a su pareja, cree usted que ella tiene la culpa por haberlo provocado?
   - Sí
   - No

5. ¿Si un amigo estuviera abusando físicamente a su pareja, le diría usted que no es una conducta acceptable?
   - Sí
   - No

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Organización: 

Facilitador: 

Fecha del Taller: 

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Image by Migrant Clinicians Network
Course Response Form
Please fill out the information on each session on the same day the session is conducted.

Name: ____________________________ Name of co-facilitator: ____________________________

Session 1

Date of Session: ____________________________ Time started: ____________________________

1. How long did the total session last? ____________________________

2. How many men attended the session? ____________________________

3. How many pre-surveys were completed? ____________________________

4. Please fill in the information on each of the activities below:

<table>
<thead>
<tr>
<th>Activity</th>
<th>Not Completed</th>
<th>Completed</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>In Less Time</td>
<td>On Time</td>
</tr>
<tr>
<td>Activity 1: Introduction</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Activity 2: Rules for the course</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Activity 3: Pre-survey</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Activity 4: Act Like A Man Box</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Activity 5: Conclusion</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
### Outcomes

65.99+% desired outcomes for each of the 11 questions on the current pre/post survey

Have kids * C-1. Should men make the decisions? [count, row %].

<table>
<thead>
<tr>
<th>Have kids</th>
<th>C right</th>
<th>C WDK</th>
<th>NC right</th>
<th>NC WDK</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>yes</td>
<td>34</td>
<td>17</td>
<td>43</td>
<td>20</td>
<td>114</td>
</tr>
<tr>
<td></td>
<td>29.80%</td>
<td>14.90%</td>
<td>37.70%</td>
<td>17.50%</td>
<td>100.00%</td>
</tr>
<tr>
<td>no</td>
<td>24</td>
<td>9</td>
<td>12</td>
<td>3</td>
<td>48</td>
</tr>
<tr>
<td></td>
<td>50.00%</td>
<td>18.80%</td>
<td>25.00%</td>
<td>6.30%</td>
<td>100.00%</td>
</tr>
<tr>
<td>Total</td>
<td>58</td>
<td>26</td>
<td>55</td>
<td>23</td>
<td>162</td>
</tr>
<tr>
<td></td>
<td>35.80%</td>
<td>16.00%</td>
<td>34.00%</td>
<td>14.20%</td>
<td>100.00%</td>
</tr>
</tbody>
</table>
Interesting ...

- Men with children were least likely to change their belief in the right direction concerning the idea “men should make the decisions in the relationship” than men without children.
- Unpartnered men were more likely to change their KABB when asked “Do women have the right to say no” in the right direction that partnered men.
- Men ages 25-54 were more likely to change their KABB in the right direction when asked “are most women who report rape telling the truth” than men under 25 or men over 55. Men over 55, however, were more likely to change their KABB in the wrong direction than the other two age groups.
- Men under 25 were more likely to change their KABB in the wrong direction when asked “when a man hits his partner, can it be her fault for provoking it” than their 25-42 and over 55 peers.
Interviews

• 8 Past Participants
• Personal Stories
In Person Interviews
Engaging Migrant Men
Office on Violence Against Women

Image by Alan Pogue
#1: Hombres Unidos used to develop messages in Reading, PA

#2: Focus Groups used to select most compelling messages and the most effective media in Quincy, WA; Reading, PA; and Homestead, FL
Outcomes

• 3 messages were selected
• Men selected the messages felt the best way to communicate these messages to their peers is through video WITH the opportunity to discuss these messages.
• MCN created three videos with accompanying print pieces and discussion guides.
La violencia no es solo física. Es emocional, sexual y económica.

http://youtu.be/v6lGn3x8aJw
Mis palabras pueden causar daño a mi pareja.

http://youtu.be/rJAr0EkgYJw
Available Product

Hombres Unidos Contra La Violencia Familiar
- Latino Migrant Community
- Engagement with the Community
- Health Education
- Existing Male Promotores Program
1. Sign agreement between MCN and an Organization

2. Train on Intimate Partner Violence topics and *Hombres Unidos* provided by MCN

3. The Organization implements *Hombres Unidos*

4. MCN provides ongoing technical assistance throughout MOU period
Available Product

Engaging Migrant Men Messaging
HOMBRES UNIDOS CONTRA LA VIOLENCIA FAMILIAR
Men United Against Family Violence

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