

## VALUES CLARIFICATION

To get a sense of a few of your own attitudes, beliefs, ideas or feelings before the webinar begins, with each statement consider your personal feelings. Think about how you feel about the statement for yourself and also how you feel about it for people you serve.

Please circle the response that best describes your feelings. There are no right or wrong answers, only your honest responses. This is a tool only for you.

1. I probably know better than young people what's best for them sexually.

**Strongly disagree**   **Disagree**   **Not sure**   **Agree**   **Strongly agree**

2. It's hard for sexual abuse or assault survivors to figure out consent and what is and isn' consensual.

**Strongly disagree**   **Disagree**   **Not sure**   **Agree**   **Strongly agree**

3. Sexual activity should only take place between adults.

**Strongly disagree**   **Disagree**   **Not sure**   **Agree**   **Strongly agree**

4. People with sexual trauma history need to be protected from sex.

**Strongly disagree**   **Disagree**   **Not sure**   **Agree**   **Strongly agree**

5. Sexual assault survivors are less capable of having healthy sex lives than people who have not been assaulted.

**Strongly disagree**   **Disagree**   **Not sure**   **Agree**   **Strongly agree**

6. Sex of any kind with a partner is less likely to be healthy and satisfying for teenagers than for older people.

**Strongly disagree   Disagree   Not sure   Agree   Strongly agree**

7. Sex or sexuality “outside the box” – LGBT sexuality or relationships, BDSM, etc. – is inappropriate for young people.

**Strongly disagree   Disagree   Not sure   Agree   Strongly agree**

8. Sexual abuse survivors are sexually broken.

**Strongly disagree   Disagree   Not sure   Agree   Strongly agree**

9. Sexual development and sexuality is about being and becoming an adult.

**Strongly disagree   Disagree   Not sure   Agree   Strongly agree**

10. Young people today are more sexual than previous generations.

**Strongly disagree   Disagree   Not sure   Agree   Strongly agree**

### **CHECK IN:**

- What did you discover about yourself?
- How have your attitudes changed over the years? Why did they change?
- What values do you feel you might need to keep a keen awareness about when talking about sex and sexuality??
- What values feel like they can help with that? Which might present challenges, particularly with diverse populations?
- If you feel bothered or troubled by any of your own attitudes, what can you do to work through that?
- What values, if any, seem like places you might benefit by working to adjust or expand?