

PLEASURE IS OUR REVOLUTION

with Jenn Mason, Owner of WinkWink





ALL-AGES

INCLUSIVE

NOT CREEPY





**We celebrate sexual expression
and exploration, banish shame,
and help our customers to better
love themselves and others.**

ABOUT ME

WHY DOES THIS WORK MATTER?

THE PLAN:

- 1. What messages are people receiving about sex?**
- 2. What is sex-negativity vs. sex-positivity?**
- 3. What is sexual liberation?**
- 4. How does some sexual assault prevention reinforce problematic messages?**
- 5. How can you implement sex-positivity into your work?**

REFLECTION:

1. Where did you learn about sex and relationships?

REFLECTION:

2. What were the messages you received about sex?



WHAT IS
SEX-NEGATIVITY?

SEX NEGATIVITY...

VIEWS SEX AS TABOO.

SEX NEGATIVITY...

**USES SHAME AS A TOOL TO
SHAPE BEHAVIOR.**

SEX NEGATIVITY...

**CENTERS ON RISKS AND NEGATIVE
CONSEQUENCES.**

SEX NEGATIVITY...

DENIES ACCESS TO EDUCATION.

SEX NEGATIVITY...

**ALLOWS FOR A NARROW
DEFINITION OF SEX.**

SEX NEGATIVITY...

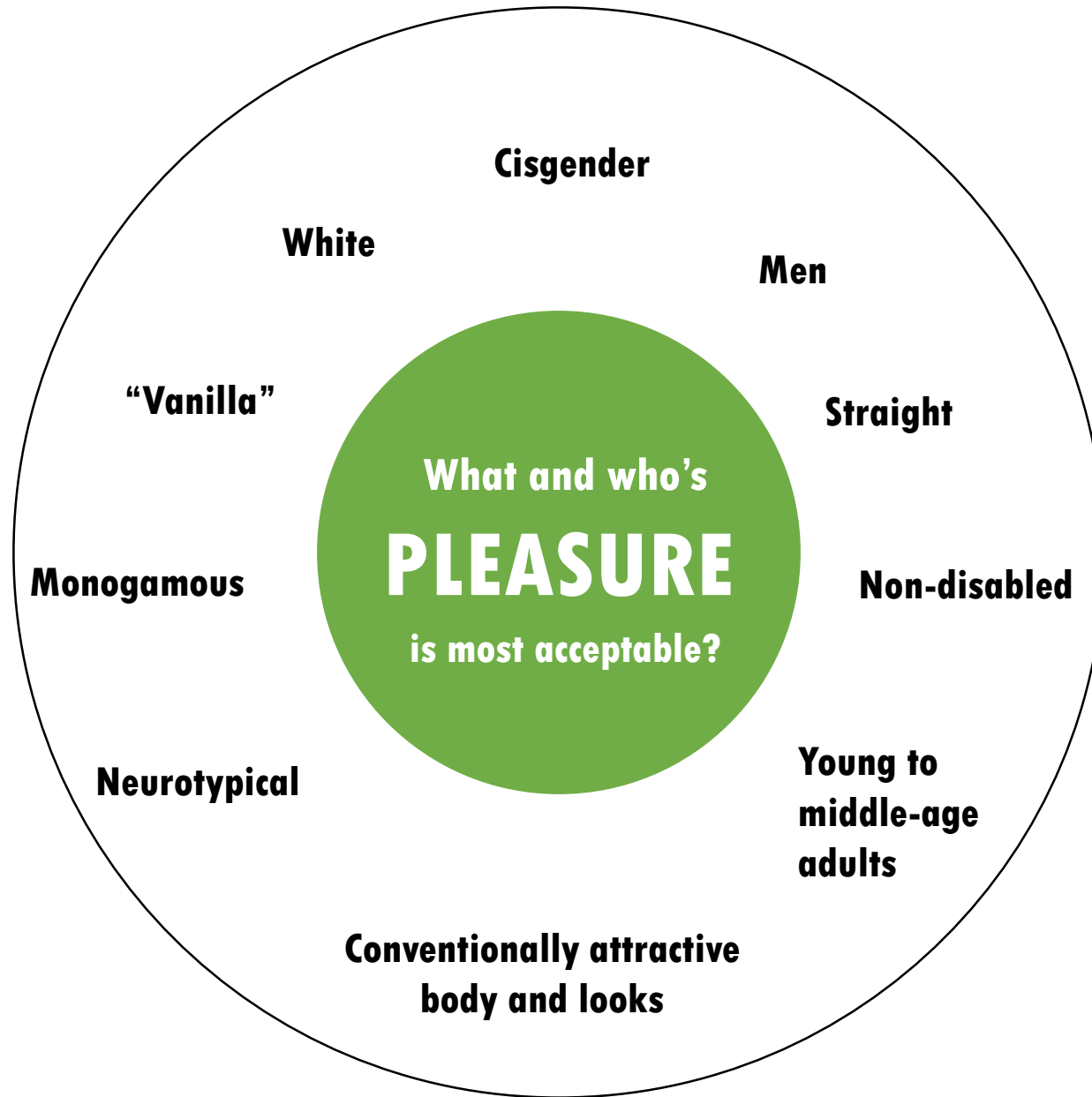
**SHAMES HAVING TOO MUCH
SEX...AND NOT ENOUGH.**

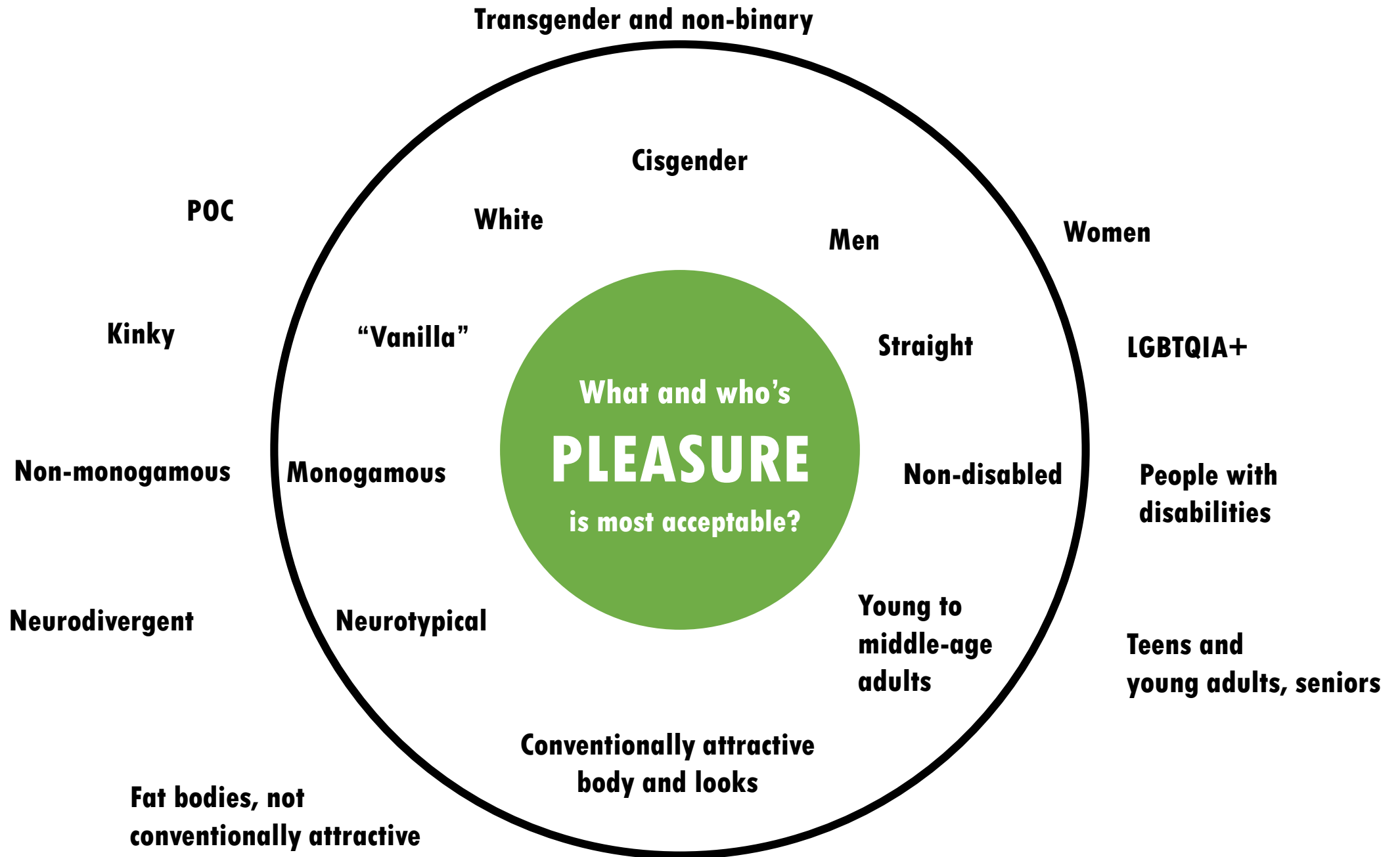
SEX NEGATIVITY...

**VALUES CERTAIN BODY TYPES OVER
OTHERS.**

SEX NEGATIVITY...

**BELIEVES ONLY CERTAIN PEOPLE
DESERVE PLEASURE.**





SEX NEGATIVITY...

**UPHOLDS ASSUMPTIONS AND
STEREOTYPES.**

SEX NEGATIVITY...

**DEFAULTS TO STRAIGHT, CISGENDER MEN
AS PRIORITY AND IDEAL TEMPLATE.**

SEX NEGATIVITY...

**BELIEVES OPEN SEXUAL
COMMUNICATON IS EMBARRASSING
AND UNSEXY.**

SEX NEGATIVITY...

**TREATS TEEN RELATIONSHIPS WITH
AMBIVALENCE, CONDESCENSION, OR
HOSTILITY**

Teaching sexual assault prevention in a sex-negative context makes it difficult to be believable.



WHAT IS
SEX-POSITIVITY?

SEX POSITIVITY...

**BELIEVES SEX IS
NORMAL AND HEALTHY.**

SEX POSITIVITY...

**USES AFFIRMATION AND CHOICE AS A
TOOL TO SHAPE BEHAVIOR.**

SEX POSITIVITY...

**CENTERS ON PLEASURE (WHICH
INCLUDES
REDUCING HARM).**

SEX POSITIVITY...

**ENCOURAGES AND OFFERS ACCESS TO
EDUCATION.**

SEX POSITIVITY...

**ALLOWS FOR LOTS OF WAYS TO
EXPRESS SEXUALITY.**

SEX POSITIVITY...

**AFFIRMS CHOICES TO HAVE LOTS OF
SEX OR NONE AT ALL.**

SEX POSITIVITY...

VALUES ALL BODY TYPES.

SEX POSITIVITY...

**BELIEVES ALL PEOPLE ARE
INHERENTLY DESERVING OF
EXPERIENCING PLEASURE**

SEX POSITIVITY...

**BREAKS DOWN AND RESISTS
ASSUMPTIONS AND STEREOTYPES**

SEX POSITIVITY...

**CENTERS ON INDIVIDUALITY AND
PERSONAL EXPERIENCE**

SEX POSITIVITY...

**BELIEVES COMMUNICATION IS
ESSENTIAL FOR INTIMACY, PLEASURE
AND SAFETY**

(and is pretty sexy too)

SEX LIBERATION IS...

- **Defined by one's self, rather than external factors**
- **Free to explore and pursue one's own desires**
- **Able to express desires, consent, and limits**
- **An embodied, integrated part of self**
- **Self-mastery**

**Are we reinforcing problematic
narratives in our work?**

NARRATIVES:

- **Added hostility toward young relationships**
- **Gatekeeper vs. conqueror**
- **Alcohol as a sexual crutch**

Consent, when rooted in a sex-negative framework, allows for harmful messages and power imbalances to remain socially desirable.

TRADITIONAL CONSENT FRAMEWORK:

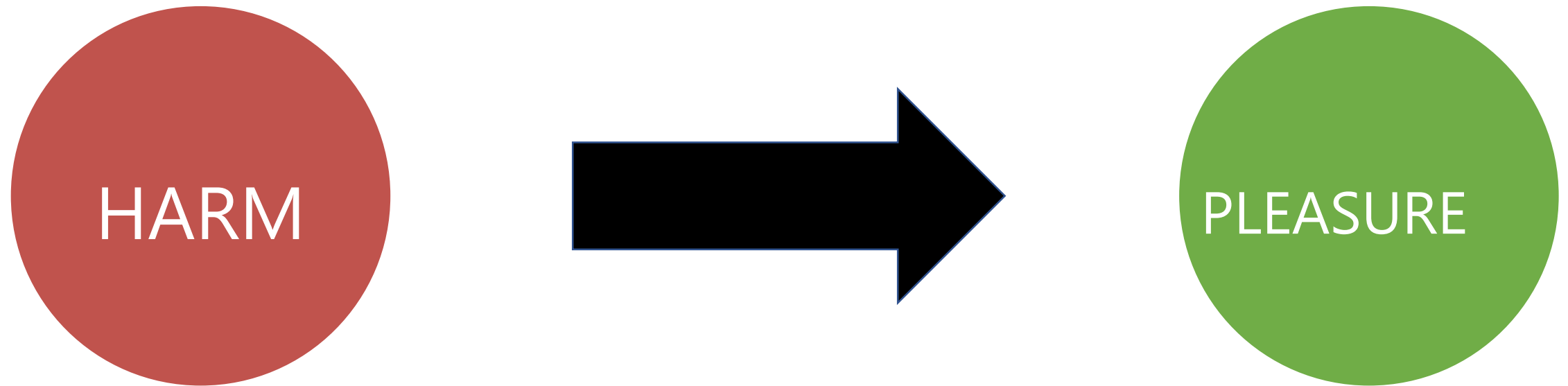


How do we move people away from harm?

WHAT ARE WE MOVING PEOPLE TOWARDS?

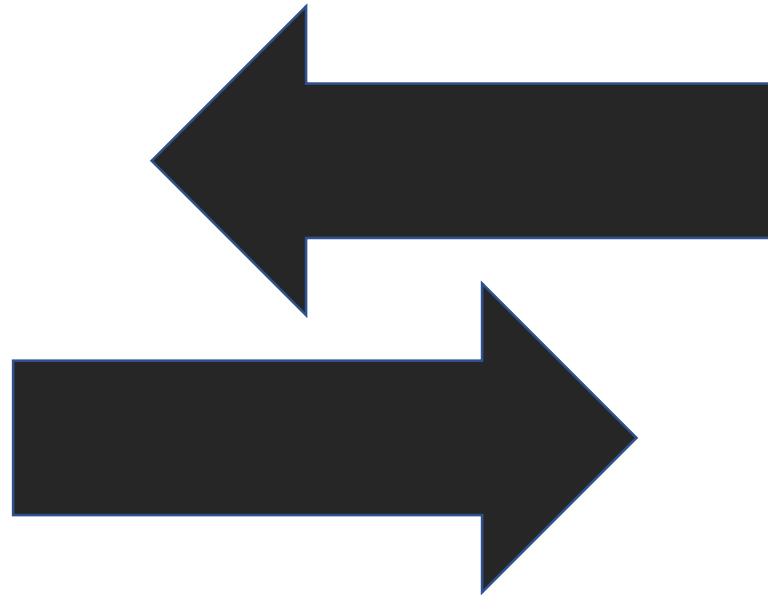


SEX-POSITIVE CONSENT FRAMEWORK



How do we move people towards pleasure?

What happens when sexual pleasure is also unacceptable or left undefined?



**HOW CAN YOU INTEGRATE SEX-
POSITIVITY INTO YOUR WORK?**

INTEGRATING SEX-POSITIVITY:

**ACKNOWLEDGE YOUR OWN JUDGMENTS
AND LIMITATIONS**

INTEGRATING SEX-POSITIVITY:

**ACKNOWLEDGE THAT YOU CARE ABOUT THEIR
SEXUAL WELL-BEING**

INTEGRATING SEX-POSITIVITY:

**TALK ABOUT BOTH GOOD SEX
AND SEXUAL ASSAULT**

INTEGRATING SEX-POSITIVITY:

**BE HONEST, REALISTIC,
AND NUANCED**

INTEGRATING SEX-POSITIVITY:

BE CULTURALLY-RELEVANT

INTEGRATING SEX-POSITIVITY:

**LET PARTICIPANTS
TEACH EACH OTHER**

INTEGRATING SEX-POSITIVITY:

**UNDERSTAND AND QUESTION SEX-
NEGATIVE NARRATIVES**

INTEGRATING SEX-POSITIVITY:

**PROMOTE COMMUNICATION INSTEAD OF
JUST CONSENT**

INTEGRATING SEX-POSITIVITY:

**HELP ENVISION
SOMETHING BETTER**

INTEGRATING SEX-POSITIVITY:

**TALK ABOUT GENDER NORMS AND
PLEASURE**

INTEGRATING SEX-POSITIVITY:

**ADDRESS FETISHIZATION AND VIOLATIONS
BASED ON RACE/CLASS/ABILITY/-ISMS**

INTEGRATING SEX-POSITIVITY:

**TEACH REJECTION
RESILIENCE**

INTEGRATING SEX-POSITIVITY:

**TALK ABOUT PORN
(CHECK YOUR OWN JUDGMENTS)**

INTEGRATING SEX-POSITIVITY:

**HELP PARTICIPANTS
CLAIM THEIR PLEASURE
(yes/no/maybe list, etc.)**

INTEGRATING SEX-POSITIVITY:

EXPAND YOUR OWN KNOWLEDGE!

EXPAND YOUR KNOWLEDGE:

- **Jimanekia Eborn, Trauma Queen**
- **Ev'Yan Whitney**
- **Dawn Serra**
- **LexxSexDoc**
- **Pleasur.Ed**
- **Scarleteen**
- **Jayda_Kissed**
- **Afrosexology**
- **Dirty South Sex Ed**
- **Sex Ed with B**
- **Shadeen Francis**
- **Six Minute Sex Ed**
- **Sex Positive Families**
- **Crippling Up Sex**
- **Disability After Dark**
- **BlackQueerLove**
- **FatPositiveTherapy**
- **SexPositiveSexEd, Jenny Waugh**
- **Erica Smith Sex Ed**
- **Pastor Bae**
- **Rev L Sex and Faith**
- **SexEducationASL**
- **TheFatSexTherapist**

EXPAND YOUR KNOWLEDGE:

- **Girl Sex 101 by Allison Moon, KD Diamond**
- **Trans+ by Karen Rayne, PhD and Katherine Gonzales, MBA**
- **Come as You Are by Emily Nagoski**
- **Pleasure Activism by Adrienne Maree Brown**
- **Girls and Sex/Boys and Sex by Peggy Orenstein**
- **Sex-Positive Talks to have with Kids by Melissa Carnagey**
- **A Quick and Easy Guide to Sex and Disability by A. Andrews**
- **The Body is not an Apology by Sonya Renee Taylor**



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