

Additional Information & Resources

Background information for the resource “A Safer Family. A Safer World.”

To read the full document (available in 10 languages), or to order hard copies of the booklet, go to: <http://depts.washington.edu//hcsats/csabooklet.html>

- Healthy Sexuality: Considered a best practice strategy in SV prevention. More info: <http://www.nsvrc.org/saam/healthy-sexuality-resources>
- Challenging society's messages: Based on several of the CDC's identified risk factors for SV prevention:
<http://www.cdc.gov/violenceprevention/sexualviolence/riskprotectivefactors.html>
- Teaching consent and boundaries: A main best practice strategy of CSA prevention.
 - o WCSAP's research summary:
http://www.wcsap.org/sites/wcsap.huang.radicaldesigns.org/files/uploads/PrimaryPreventionCSA_2013_06%20%281%29.pdf
 - o David Finkelhor's research on CSA prevention (separate PDF resource)
- Warning Signs of Abusers: Based on research on grooming behaviors (although I do not use that term), and Finkelhor research on the pre-conditions
<http://www.secasa.com.au/pages/theories-on-why-sexual-abuse-happens/the-four-pre-conditions-model/>.
- Teaching parents how to confront someone is based on the bystander approach as a best practice: http://www.nsvrc.org/sites/default/files/Publications_NSVRC_Booklets_Engaging-Bystanders-in-Sexual-Violence-Prevention.pdf
- If a child has been sexually abused: Some of the best practices in how to respond, as supported by the NCTSN:
http://www.nctsn.org/sites/default/files/assets/pdfs/caring_for_kids.pdf;
- Also referring families to access support at our program at HCSATS where we use evidence based treatments for survivors and young children who act out sexually.
 - o **To locate other sexual assault providers in Washington State, please visit <http://www.wcsap.org/find-help>**

Resources referenced & requested during webinar:

- HCSATS resources:
 - o Book lists:
<http://depts.washington.edu/hcsats/PDF/factsheets/books%20list%20for%20SA%20Prev%20and%20SH.pdf>
 - o HCSATS Teen Handout:
http://depts.washington.edu/hcsats/PDF/infobrochures/teen_info.pdf
- **Mandated Reporting (in WA):** <http://www.wcsap.org/mandated-reporting-child-sexual-abuse>
- WCSAP's CSA resources:
 - o <http://www.wcsap.org/child-sexual-abuse>
 - o <http://www.wcsap.org/recorded-CSA-webinars>
 - o <http://www.wcsap.org/nuts-and-bolts-serving-minor-survivors>
- **Brochure “Parent Survivors: When Your Child Has Been Sexually Abused, and You Were Also Abused as a Child”:** <http://www.wcsap.org/parent-survivors>
- CSA Prevention Resources:
 - o WCSAP's resource page: <http://www.wcsap.org/csa-prevention>
 - o WCSAP Prevention Tip: <http://www.wcsap.org/resources-parents-address-child-sexual-abuse>
 - o NSVRC's CSA Prevention Information Packet: <http://www.nsvrc.org/publications/child-sexual-abuse-prevention-information-packet>
- Videos for parents by Committee for Children (from their Child Protection Unit of Second Step): https://www.youtube.com/playlist?list=PLNjiZRTK9Gf9o7kVx_gen3tzemz_osrSg
- Preventing CSA within Youth Serving Organizations (creating policies, etc);
<http://www.cdc.gov/ViolencePrevention/pdf/PreventingChildSexualAbuse-a.pdf>
- Free online book, “Some parts are for sharing”: <http://www.dpub.us/Books/Touch.html>

Additional organizational resources:

- National Child Traumatic Stress Network: <http://www.nctsn.org/trauma-types/sexual-abuse>
- Stop It Now! <http://www.stopitnow.org/>