



Trans Youth Sexual Assault Survivors: Skills for Advocates

A webinar for WCSAP

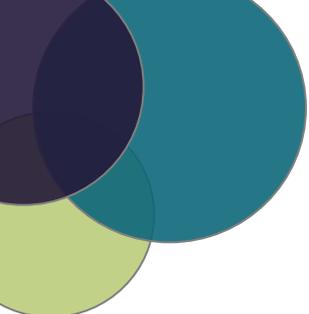
06.22.16

munson, Cook-Daniels, Taylor

Welcome & Housekeeping



- Take care of yourself
- Power Points



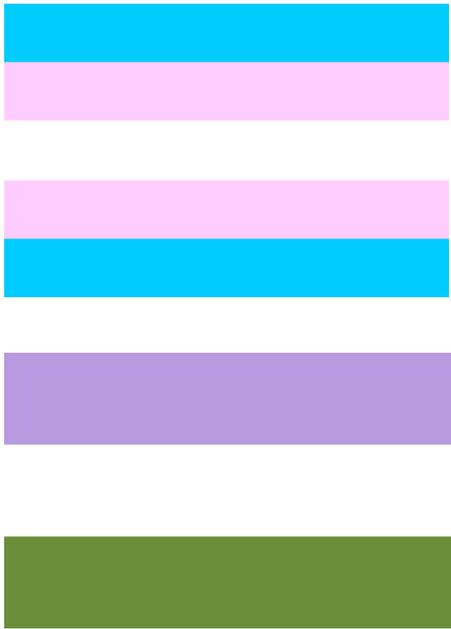
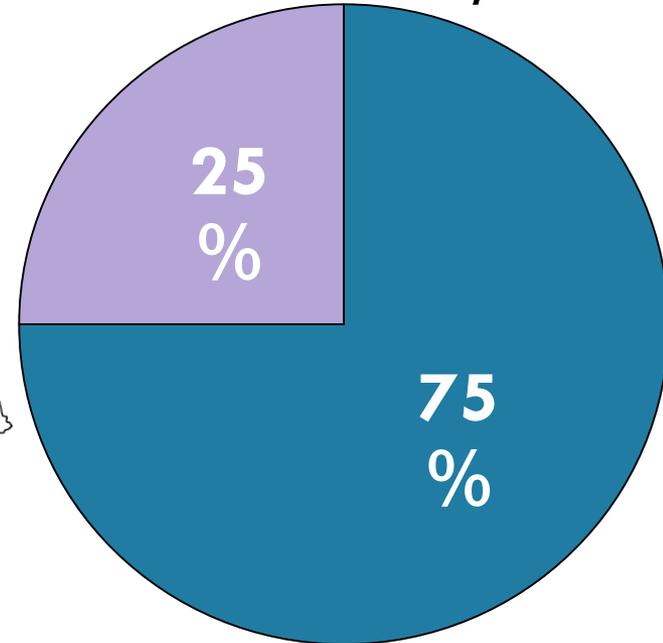
Agenda

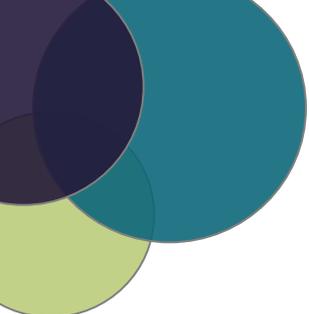
- **Quick: Who is FORGE / Trans 101**
- **Data trans youth**
- **Developmental trauma & ACE study**
- **ACE + trans-specific variables**
- **Confidentiality and privacy**
- **Autonomy and agency**
- **Resources and what you can do**
-

Who is FORGE?

22
yo

Direct service / TTA





Two Foundational Principles

1.

**Trauma -
Informed**

2.

**Empowerment
- based**

Small staff, large vision



michael munson
Executive Director



Loree Cook-Daniels
Policy & Programming



Katie Taylor
Community
Engagement

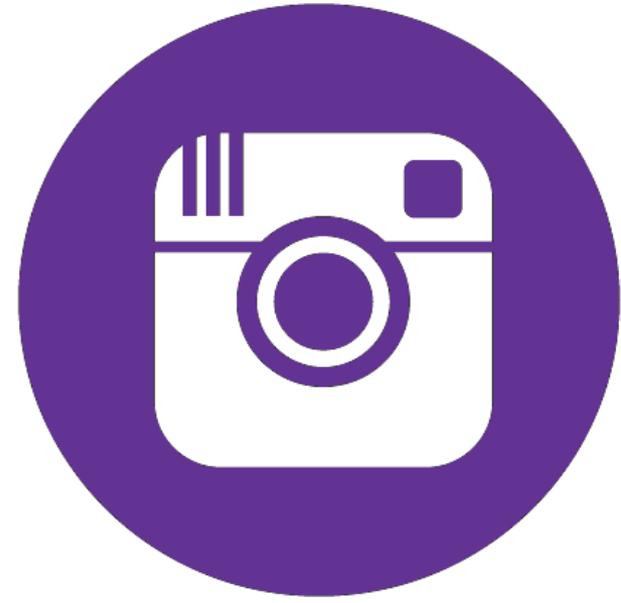
Social Media



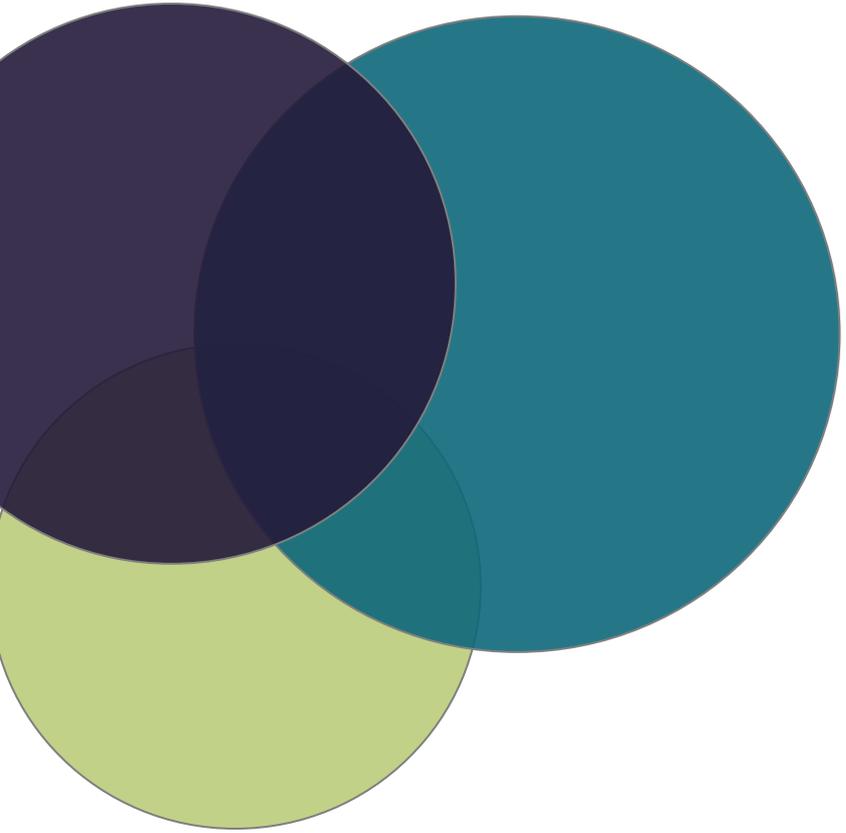
FORGE.trans



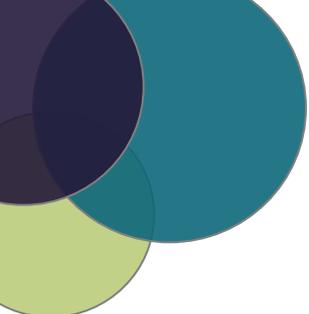
@FORGEforward



@FORGE_forward



Quick! Trans 101



Need some trans 101 review?

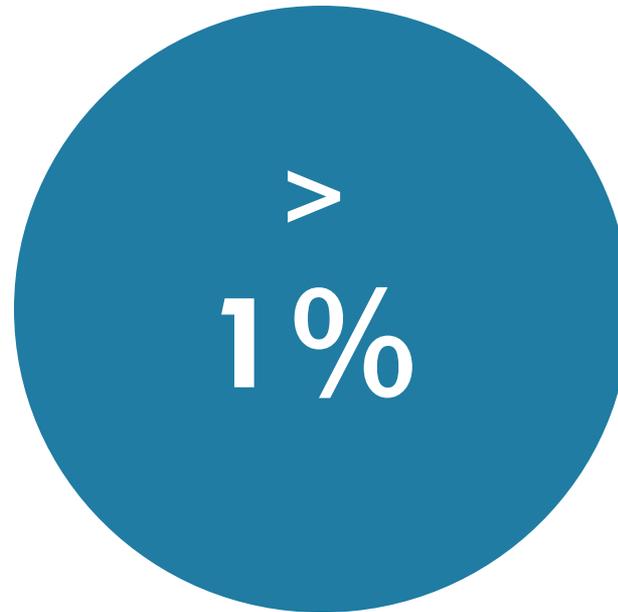
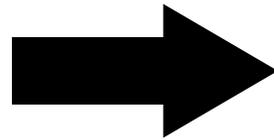
Serving Trans Survivors: A 101 for Advocates



How many people are trans?



Williams
Institute



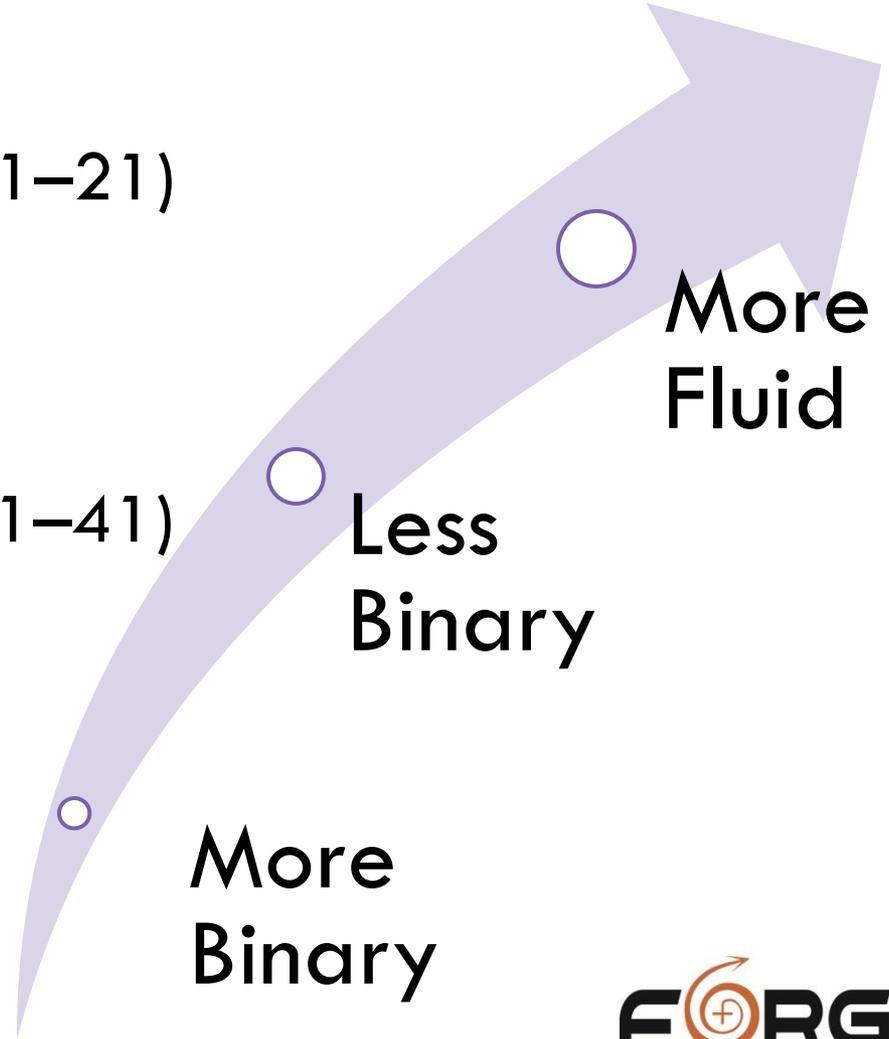
Lynn Conway
(and others)

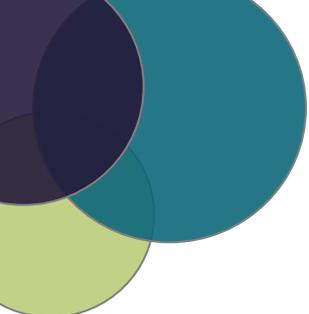
Conceptualization of gender

□ Generation Z (Age 1–21)

□ Generation Y (Age 21–41)

□ Gen X (Age 35–55)





Duality: Access to transition

Increased access

- Parental support
- Puberty blockers
- Health insurance policy changes
- School support
 - Title IX backing
 - School awareness & acceptance

Limited access

- Lack of parental support
- Homeless
- No independent financial resources
- Transportation or autonomy
- Non-binary identity

- Empowering
- Healing
- Connecting

FORGE

- Empowering
- Healing
- Connecting

FORGE

- Empowering
- Healing
- Connecting

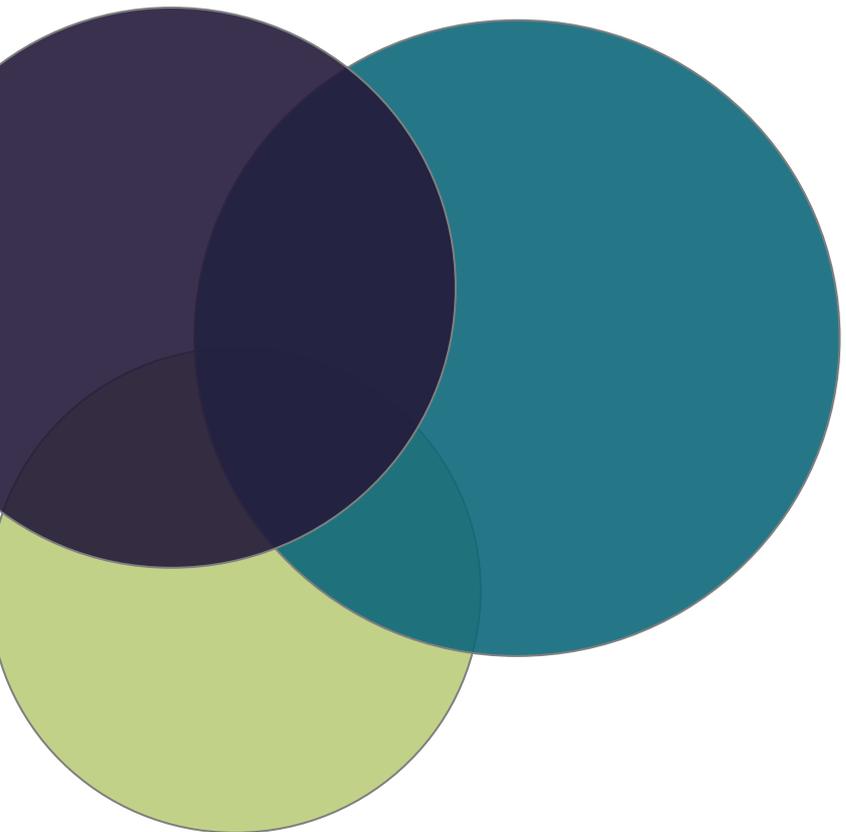


When all is dark we feel
scared but the secret
of all darkness is...
that it can't exist without light
the light will always shine even if
it's just a flicker
so stay strong
be you ... and remember
light can be found in the darkest of
times... if one remembers to turn on
the **Light**

Transgender

Trans-Health
Conference
Clark

Trans-Health
Conference



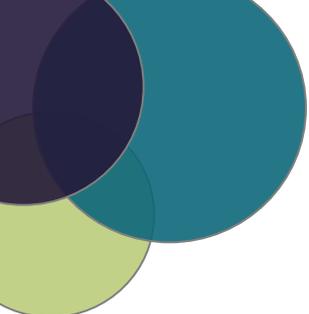
Data: Trans youth specific

(mostly!)

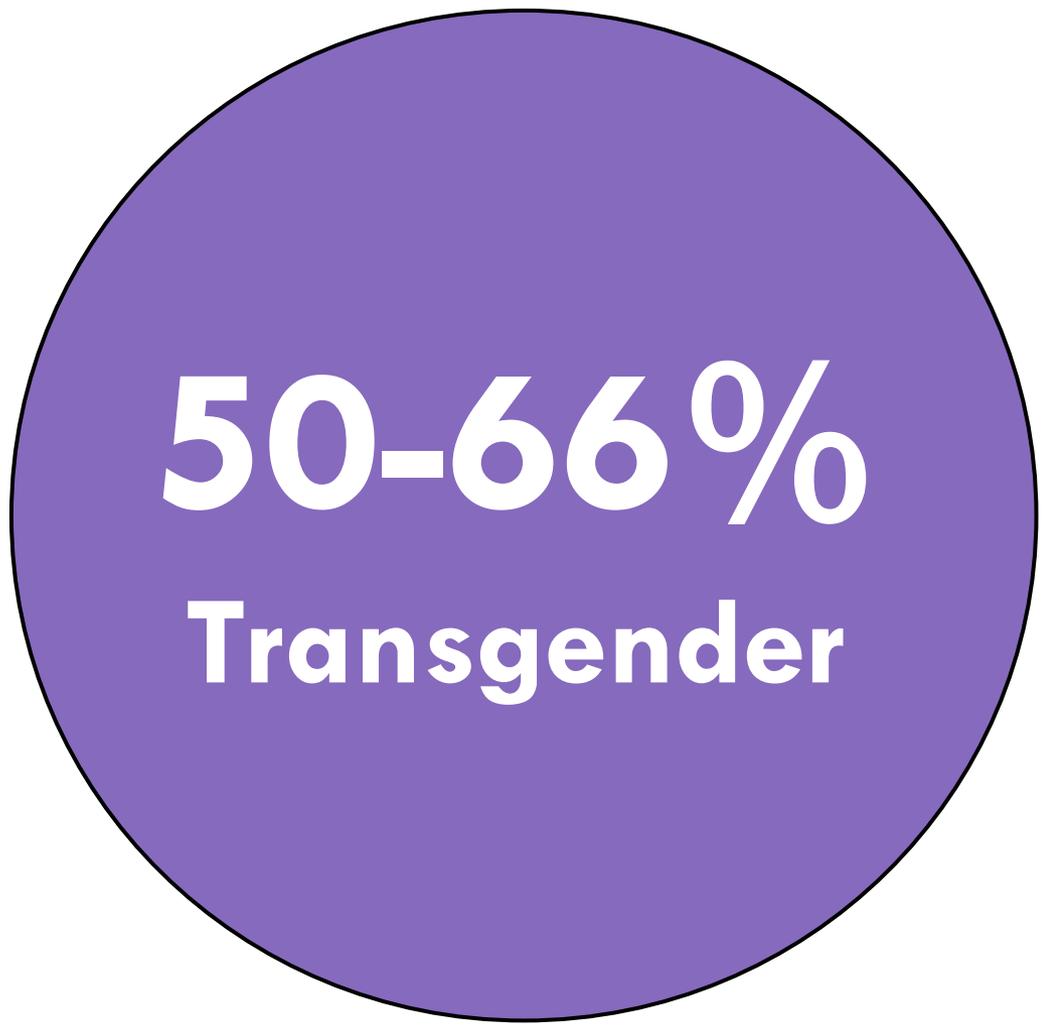
**“Stories are just
data with a soul.”**



Brene Brown, Ph.D.

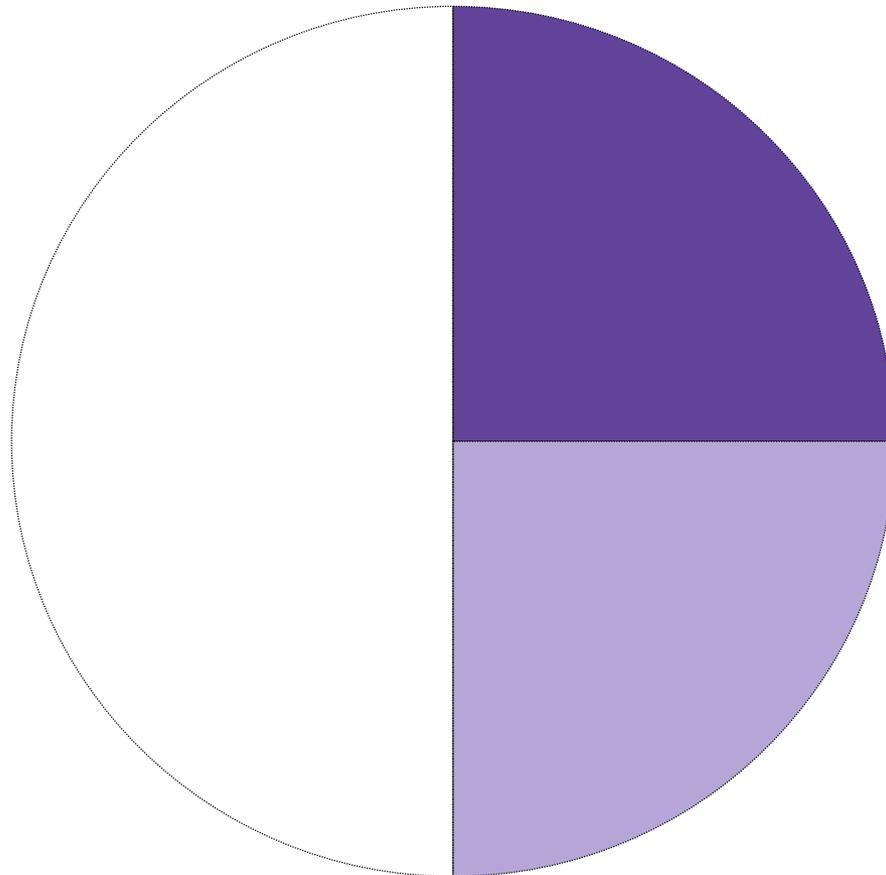


Trans sexual assault rates



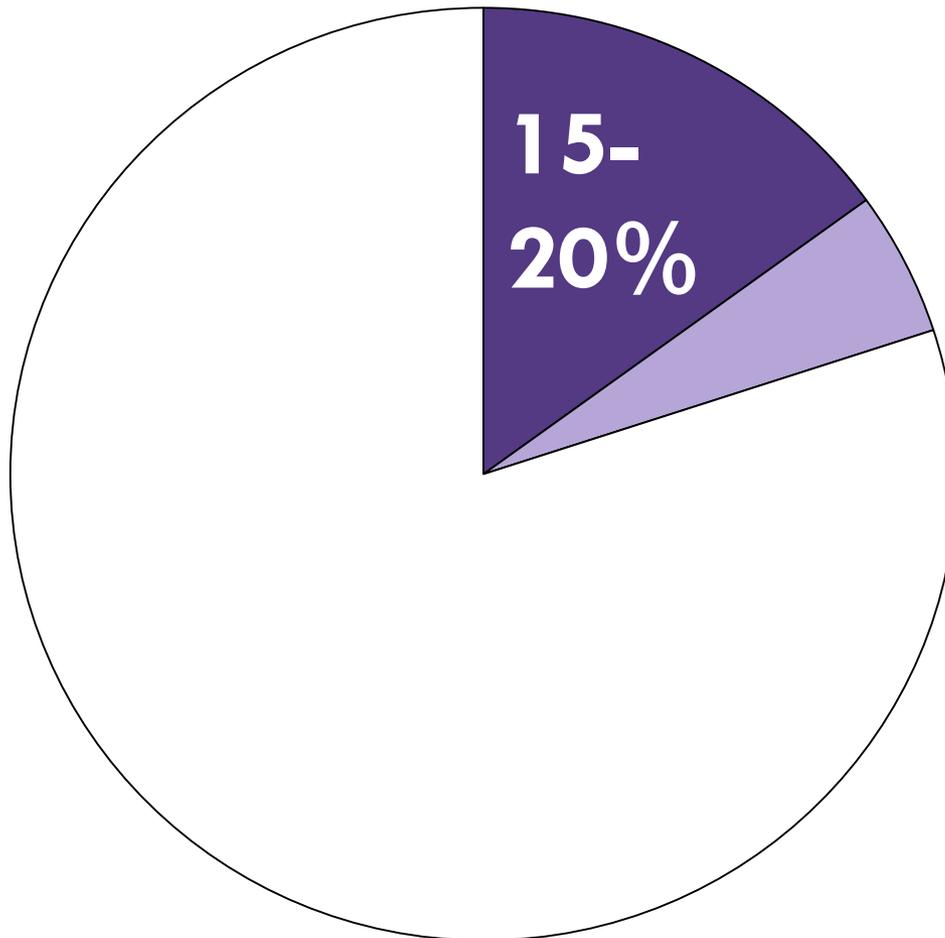
50-66%
Transgender

Trans IPV & dating rates



25-50%
Transgender

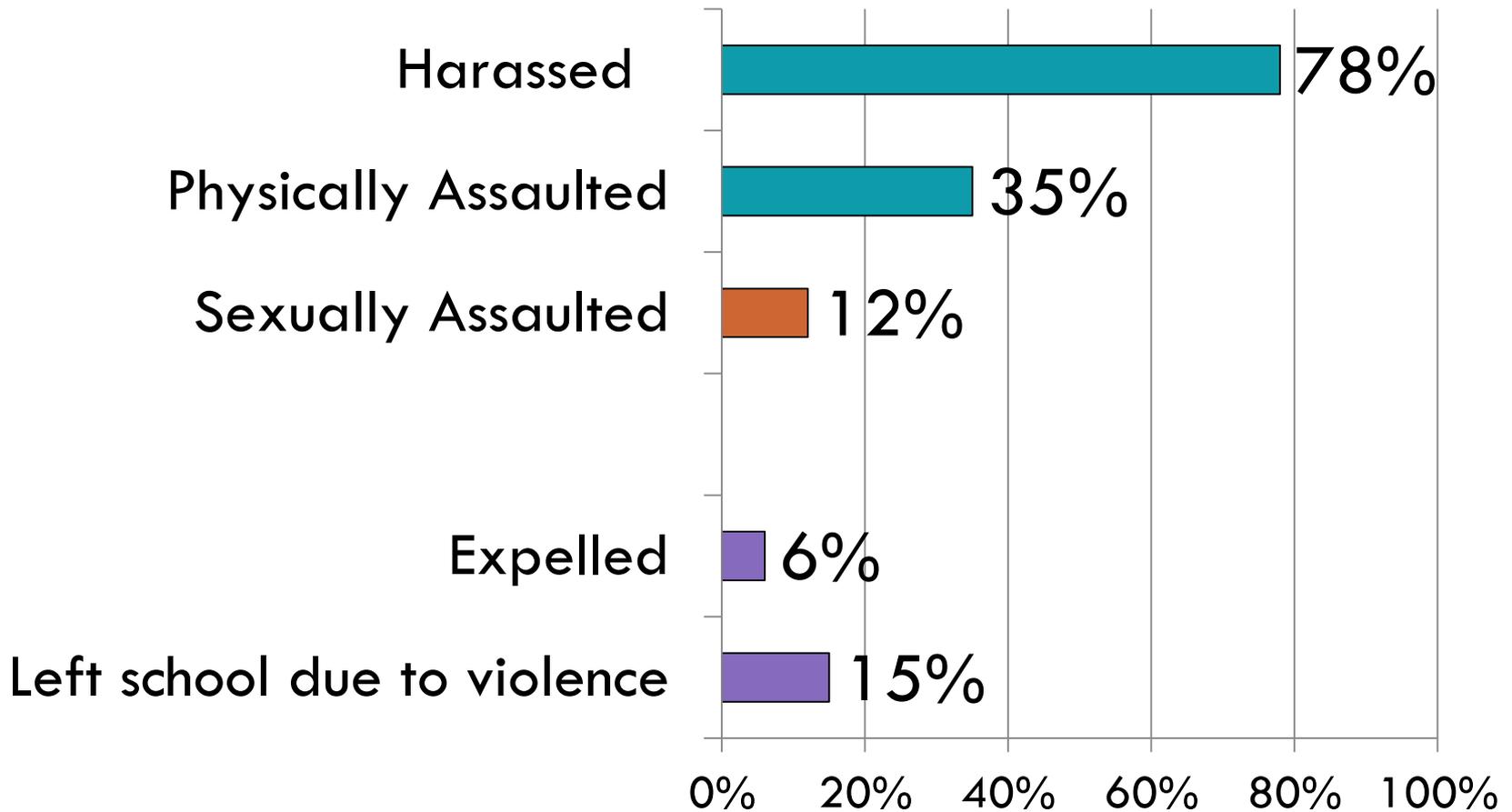
Stalking rates



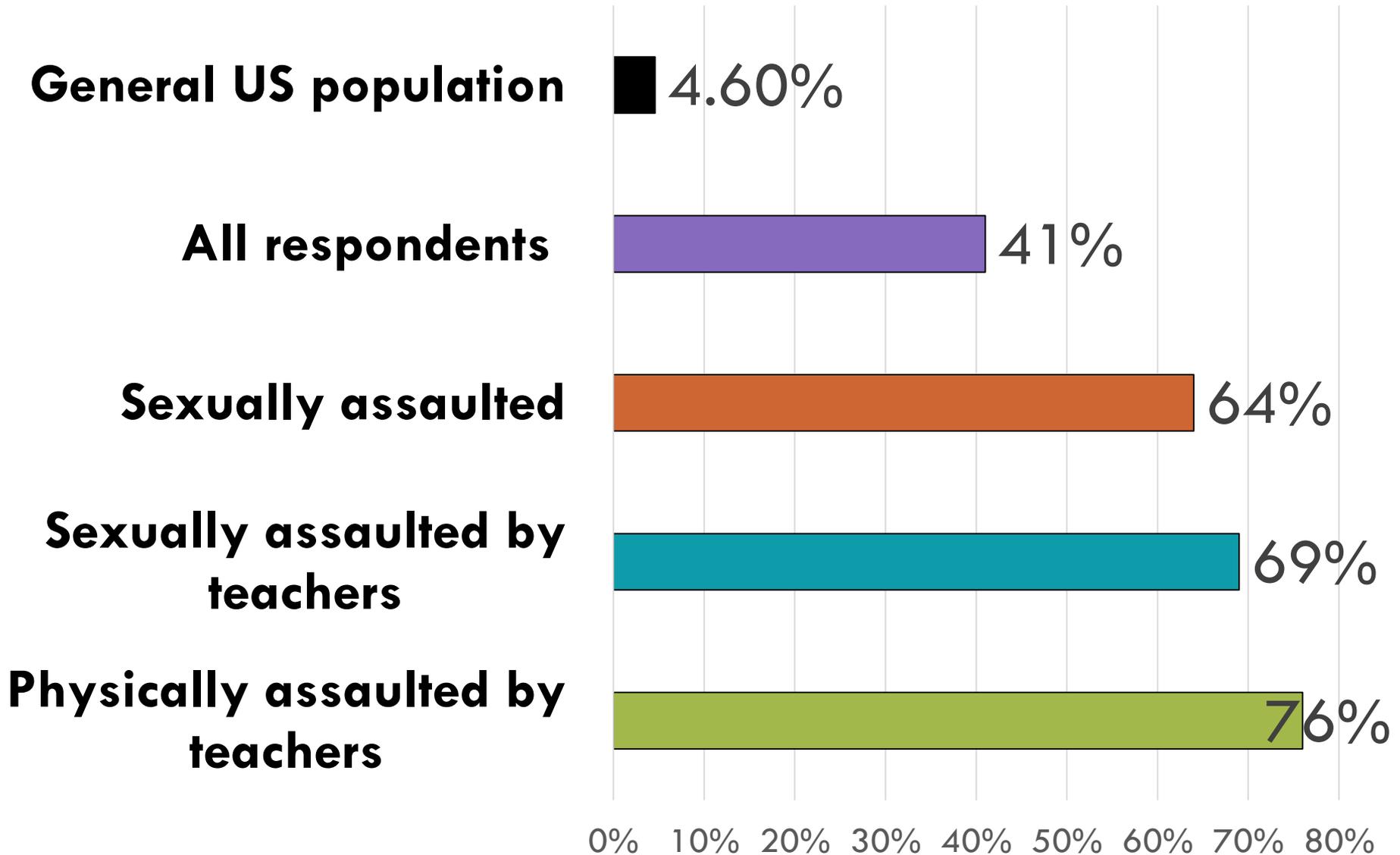
□ General US
= 5-17%

Stalking
Resource
Center

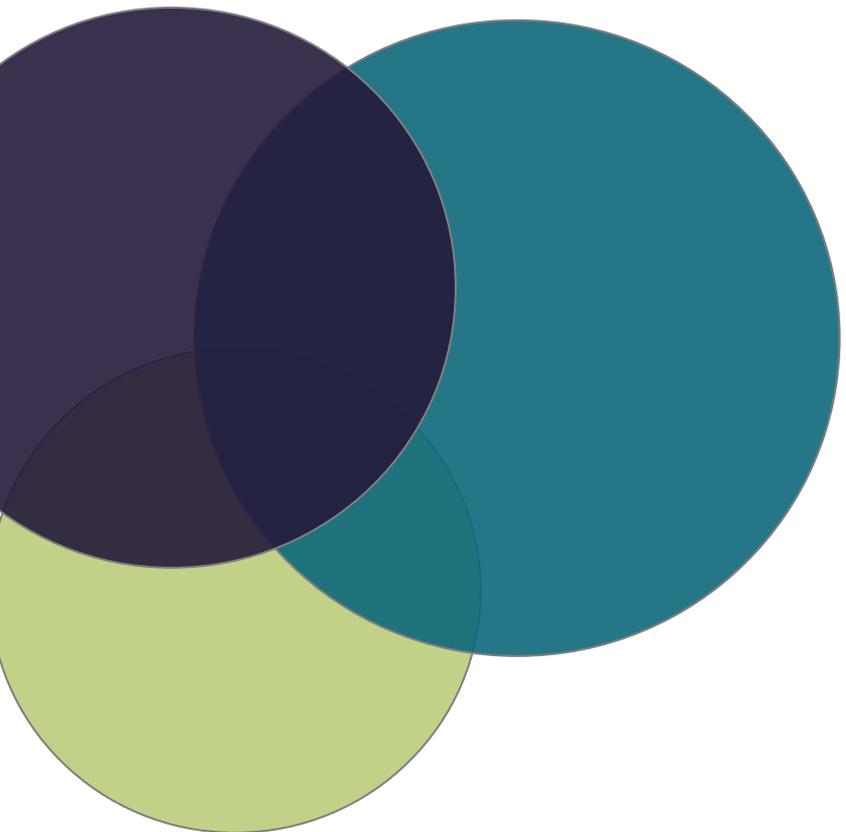
School-based stats



Suicide Attempts



Source: Williams Institute 2014, NTDS 2011



Seeking help: Rape Crisis Line

ROLE PLAY #1: Rape Crisis Call

Clarifying name and pronoun

- Grandma Violet
- Granddaughter
La'Rae
 - 7 years old



ROLE PLAY #1: Rape Crisis Call

Clarifying name and pronoun

Advocate:

“Would it be OK
if I asked you a
couple of
questions?”



ROLE PLAY #1: Rape Crisis Call

Clarifying name and pronoun

Grandma

“I’m so so sorry! I am so upset right now, I just can’t think straight.”



ROLE PLAY #1: Rape Crisis Call

Clarifying name and pronoun

Grandma

“I’m really concerned that he may have touched her. I don’t know what to do.”

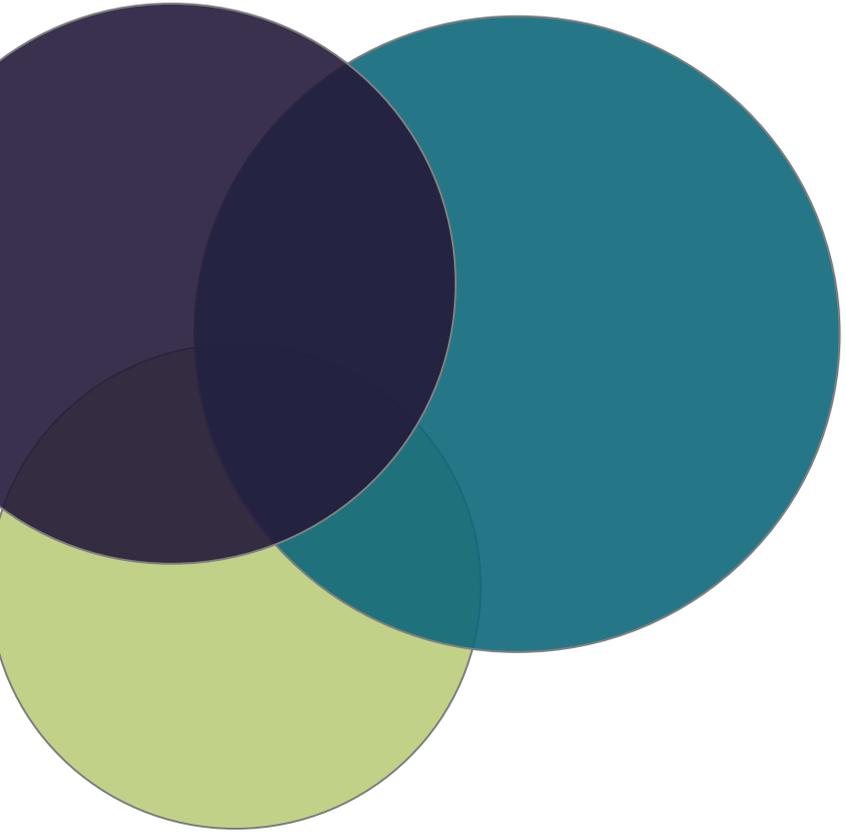


ROLE PLAY #1: Rape Crisis Call

What did we hear?



1. Active listening
2. Sensitive questions
3. Discovery
4. Loved ones calling

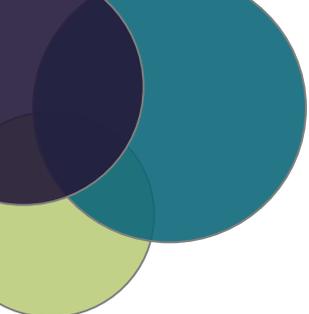


Developmental Trauma

Adverse Childhood Experiences (ACE)

- Began with weight losers dropping out of weight loss program





Adverse Childhood Experiences (ACE)

Child abuse:

1. Emotional
2. Physical
3. Sexual

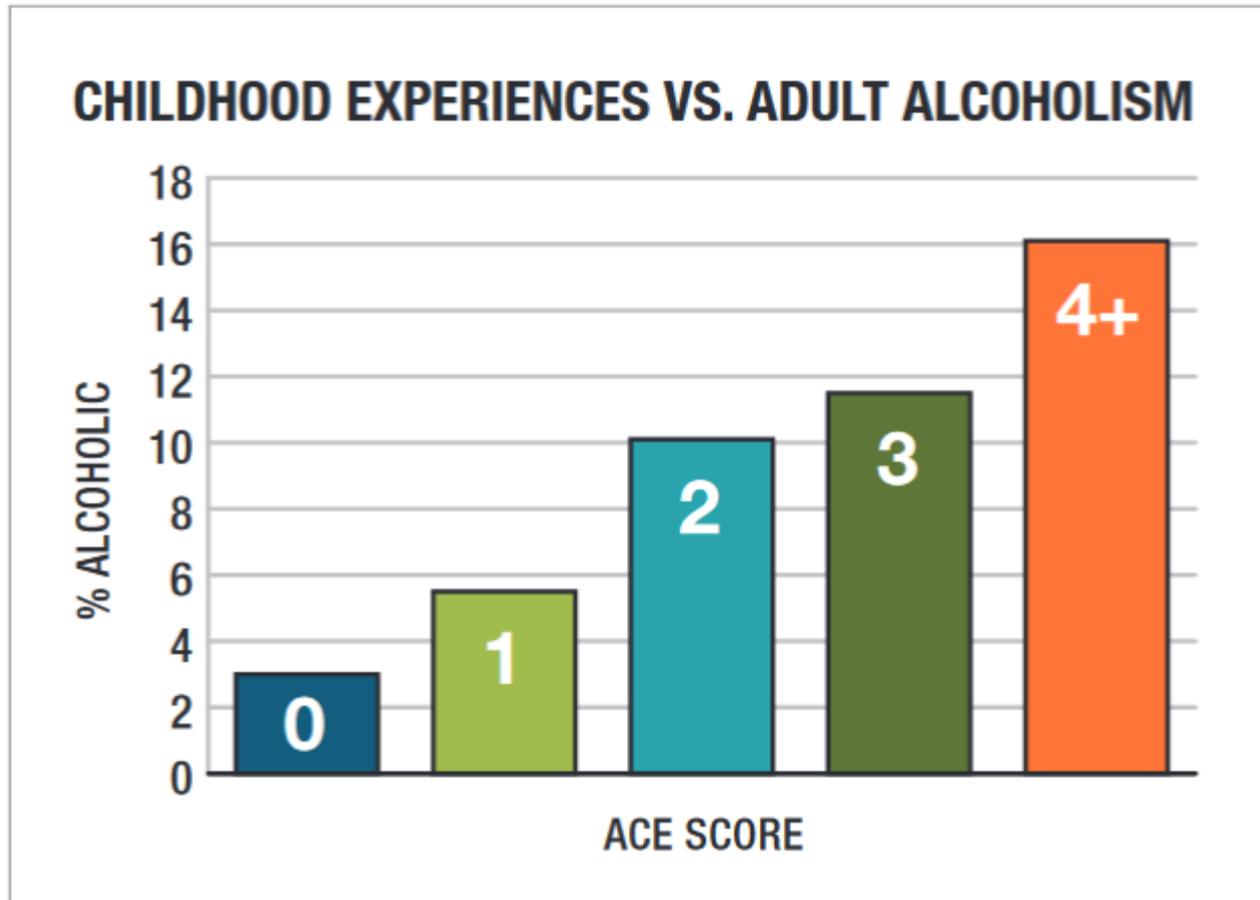
Child neglect:

1. Physical
2. Emotional

Household:

1. Substance abuse
2. Mental illness
3. Mother abuse
4. Separation/divorce
5. Parent in jail

One example: ACE score & risk



ACE Study

Death



Birth

Early Death

Disease, Disability
and social problems

Adoption of
Health-risk Behaviors

Social, Emotional, &
Cognitive Impairment

Adverse Childhood Experiences

Childhood Trauma- 2 consequences



1. Long-term neurological changes

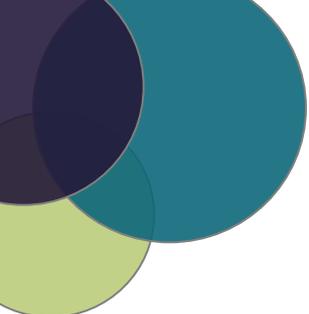
- Brain sensitized
- Fear more easily tapped into

Childhood Trauma- 2 consequences

2. Fewer skills developed that help with

- ▣ Coping
- ▣ Social Development

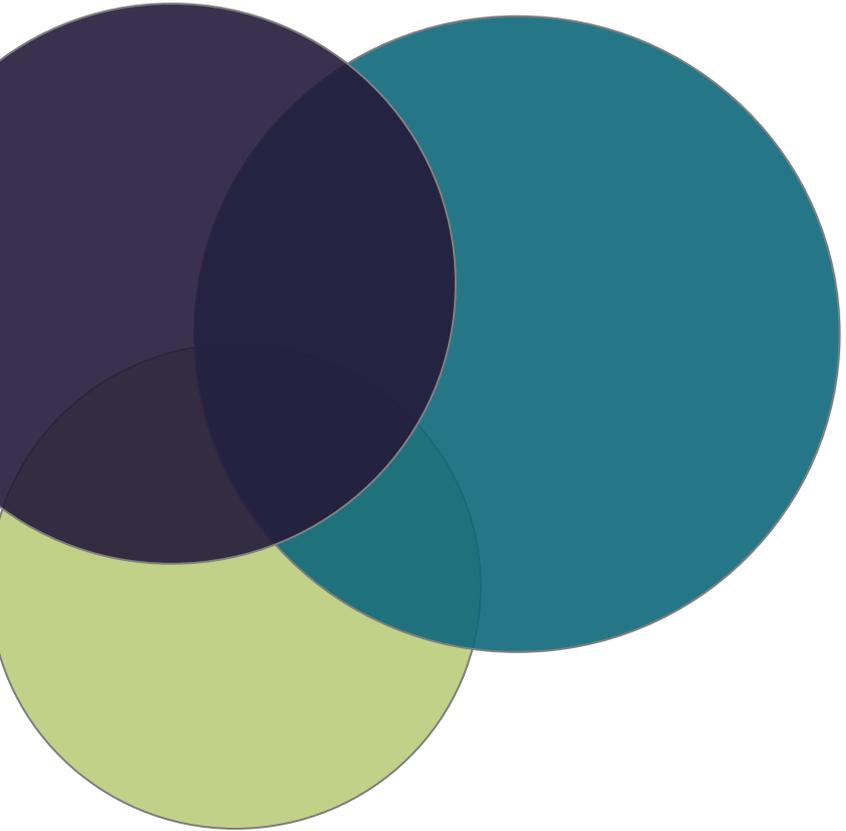




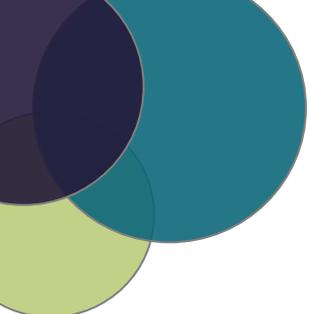
Conclusion:

“Adverse childhood experiences are the main determinant of the health and social well-being of the nation.”

Felitti, Vincent J., & Anda, Robert F. (2010). “The Relationship of Adverse Childhood Experiences to Adult Medical Disease, Psychiatric Disorders and Sexual Behavior: Implications for Healthcare,” in Ruth A. Lanius, Eric Vermetten, and Clare Pain, eds., *The Impact of Early Life Trauma on Health and Disease: The Hidden Epidemic*.



ACE + Trans



ACE: trans youth additions

1. Bullying and harassment
2. Parental denial of identity
3. Parental expulsion from home
4. Police misconduct or harassment
5. Microaggressions
6. Minority stress
7. Legislated discrimination or policies
8. Culture-wide transphobia



ACE + Bullying

- School
- Home
- Neighborhood
- Streets
- Extracurricular activities

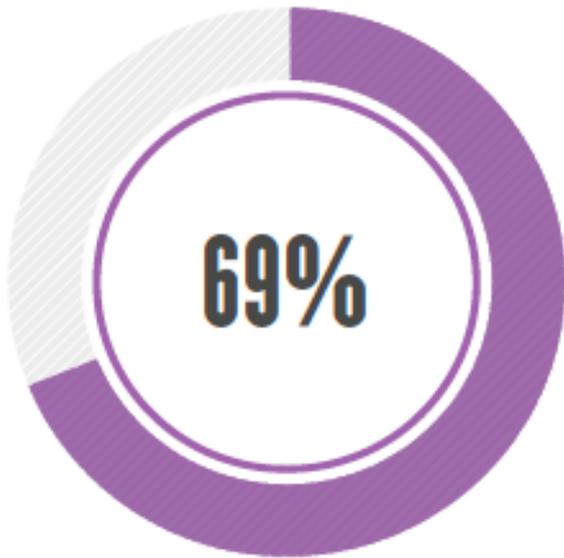


ACE + Denial of identity

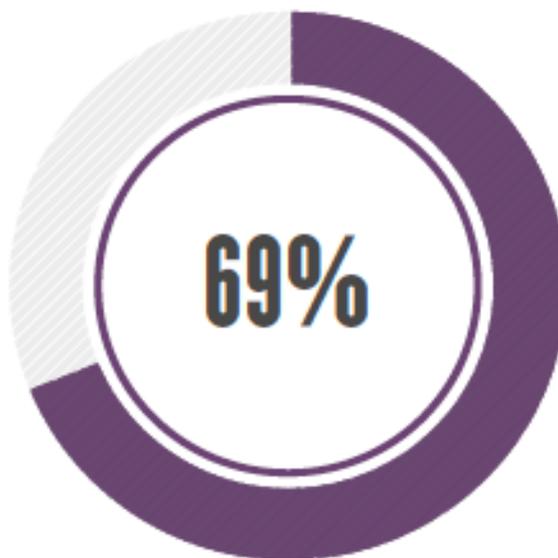


ACE + Expulsion from home

TOP THREE REASONS FOR LGBT HOMELESSNESS:
— REPORTED BY LGBT YOUNG PEOPLE (AKT 2014)



Parental rejection



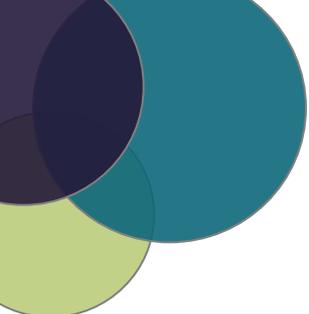
Abuse within the family
(physical, emotional, sexual)



Aggression / violence
in the family

ACE + Police misconduct





ACE + Microaggressions

Microaggressions are brief and commonplace daily verbal, behavioral, or environmental indignities – whether intentional or unintentional – that communicate derogatory or negative slights and insults (or even some hostility) toward a group of people. These words and actions establish, reflect, and reinforce the dominant paradigm, erasing the experiences and realities of a minority.



ACE + Minority Stress

- Minority stress is the result of observable incidents, vigilance for future incidents and a person's decision that the incident is related to that person's minority status. As a result, they internalize this process as stress.

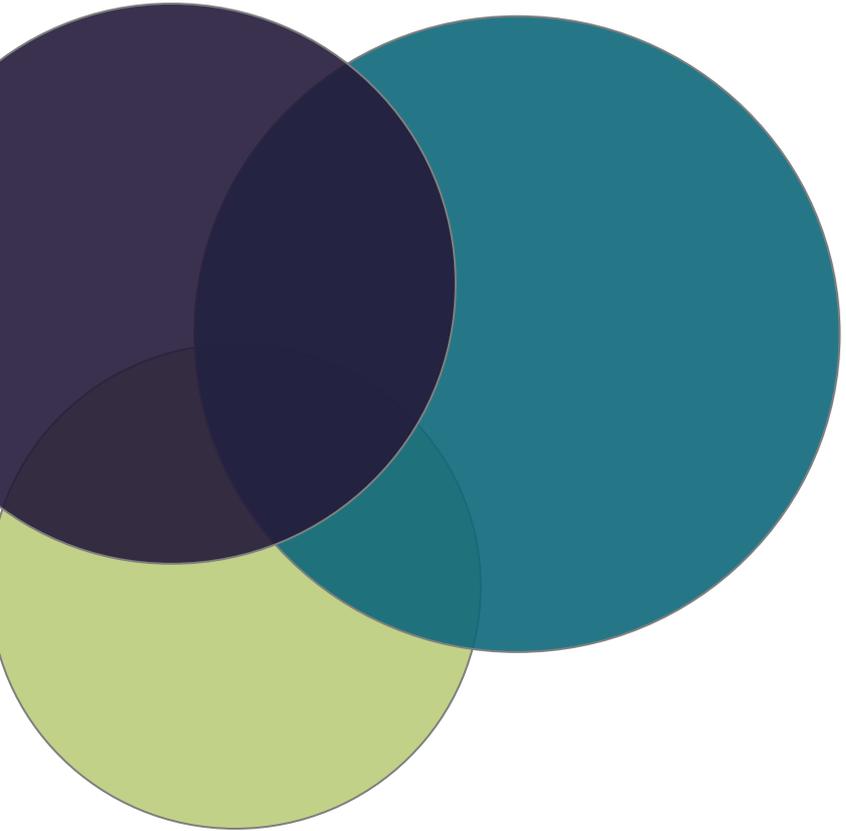
ACE + legislated discrimination



- ❑ No safe bathroom
- ❑ Interrupting the learning experience
- ❑ Afraid to be themselves anywhere

ACE+ Culture-wide discrimination





Confidentiality and privacy

ROLE PLAY #2: Who knows?

- 13 year old
- School guidance counselor
- SA Advocate



ROLE PLAY #2: Who knows?

Student

“I’m trans. You know, transgender. Are you down with that?”



ROLE PLAY #2: Who knows?

Student

“My parents probably have a clue – like, duh, it’s kind of obvious – but I don’t know what they’d do if I told them.”



ROLE PLAY #2: Who knows?

Advocate

“I’m open to listening if you want to share more, but I know you asked me to come here today because someone touched you without your consent.”

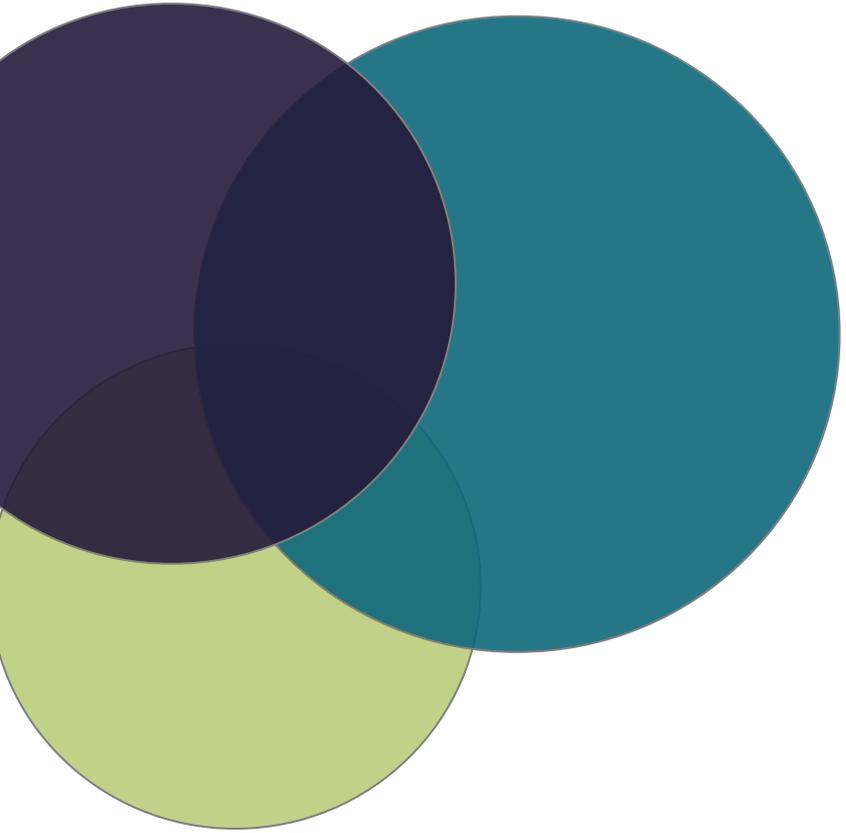


ROLE PLAY #2: Who knows?

What are the main points?



- Self-disclosure
- Fear about who knows
- Trusts people more with info about assault than trans identity
- Non-disclosure is NOT deception



Autonomy and Agency

ROLE PLAY #3: Who's story?

- 16 year old
- Female-to-male
- Parents note
statutory rape



ROLE PLAY #3: Who's story?

Youth

**“I WASN'T
assaulted.”**



ROLE PLAY #3: Who's story?

Advocate

“No one will force you to do anything against your will, anything you don't want to do.”



ROLE PLAY #3: Who's story?

Advocate

“Part of what happens is that your story of what happened to you is recorded, so that gives you an opportunity to tell your side of what happened.”



ROLE PLAY #3: Who's story?

Youth

“Well, I’m taking testosterone, so I can’t get pregnant.”



ROLE PLAY #3: Who's story?

Youth

“That sounds good.
I'd like you to be
there with me.”

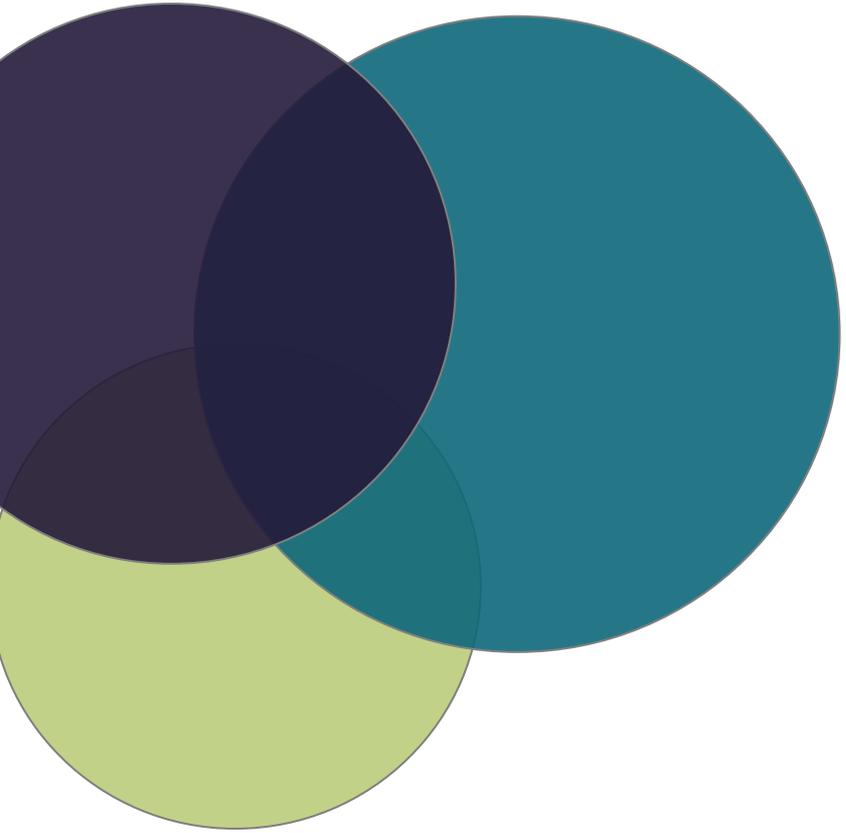


ROLE PLAY #3: Who's story?

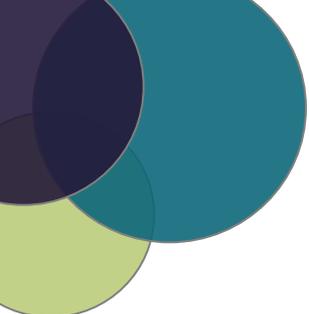
What are the main points?



- 1-on-1 conversation
- Body autonomy and agency
- Compromise
- Education
- Medical care

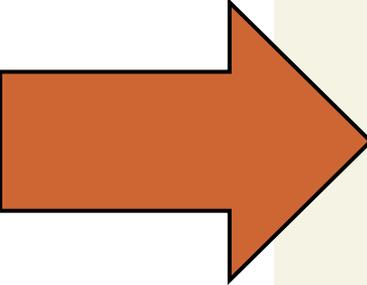


Resources



Trans-specific IPV/SV webinars

forge-forward.org/trainings-events/recorded-webinars/



Trainings & Events

Upcoming webinars

Recorded webinars

Conference workshops

Customized trainings

Technical assistance

Upcoming webinars of interest

- Sheltering Trans Men
- Sheltering Trans Women
- Sheltering Non-Binary Individuals
- Respected and Whole: Confronting Bias with a Trauma-Informed Lens

Training for Providers

- Transgender-specific
- Anti-violence-focused
- Trauma-informed

Over 50
hours of free
training

FORGE forge-forward.org

Archived Webinars

- Serving trans survivors: A 101 for advocates
- Forensic exams
- Safety planning
- Anti-trans violence in prison
- Transgender, disability & trauma
- Transgender sexuality and trauma
- Working with rural trans survivors
- Transgender Day of Remembrance
- VAWA non-discrimination conditions
- Trauma and transgender older adults
- Policies improving trans peoples' lives
- Stalking basics and trans communities
- Creating a trans-welcoming environment
- The intersections of sex work and violence
- Transgender people, IPV and the legal system
- Strategies for improving trans-police relations
- Trans-specific barriers to accessing health care
- Power and control tactics specific to trans people
- Community Cares: mobilizing after a high profile crime
- Trans youth sexual assault survivors: skills for advocates

Upcoming Webinars

- Sheltering Trans Men
- Sheltering Trans Women
- Sheltering Non-Binary Individuals
- "What do I tell other residents?"
- Respected and Whole: Confronting Bias with a Trauma Informed Lens

Online Toolkit

[ovc.gov/pubs/forge/](https://www.ovc.gov/pubs/forge/)

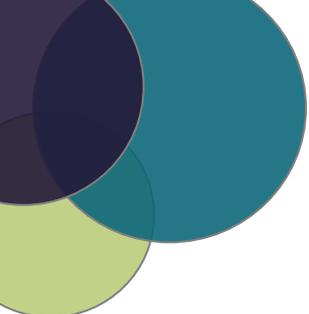
RESPONDING TO **TRANSGENDER VICTIMS** of Sexual Assault

Transgender victims of sexual assault, like all crime victims, want and deserve to be treated with dignity and respect, heard, believed, served, and supported.

This user-friendly guide offers practical tools to promote understanding and support of transgender victims, whether you are a sexual assault advocate, emergency medical personnel, law enforcement officer, medical or mental health care provider, or support group facilitator.

People who are transgender or gender non-conforming often have to describe what it means to identify as transgender to receive sensitive care and services. Read "Transgender 101" first for a basic understanding of what it means to be transgender.

Visit www.ovc.gov/pubs/forge/index.html to learn how you can be a source of support and care for individuals in this high-risk population.



Publications

forge-forward.org/publications-resources/anti-violence-publications/

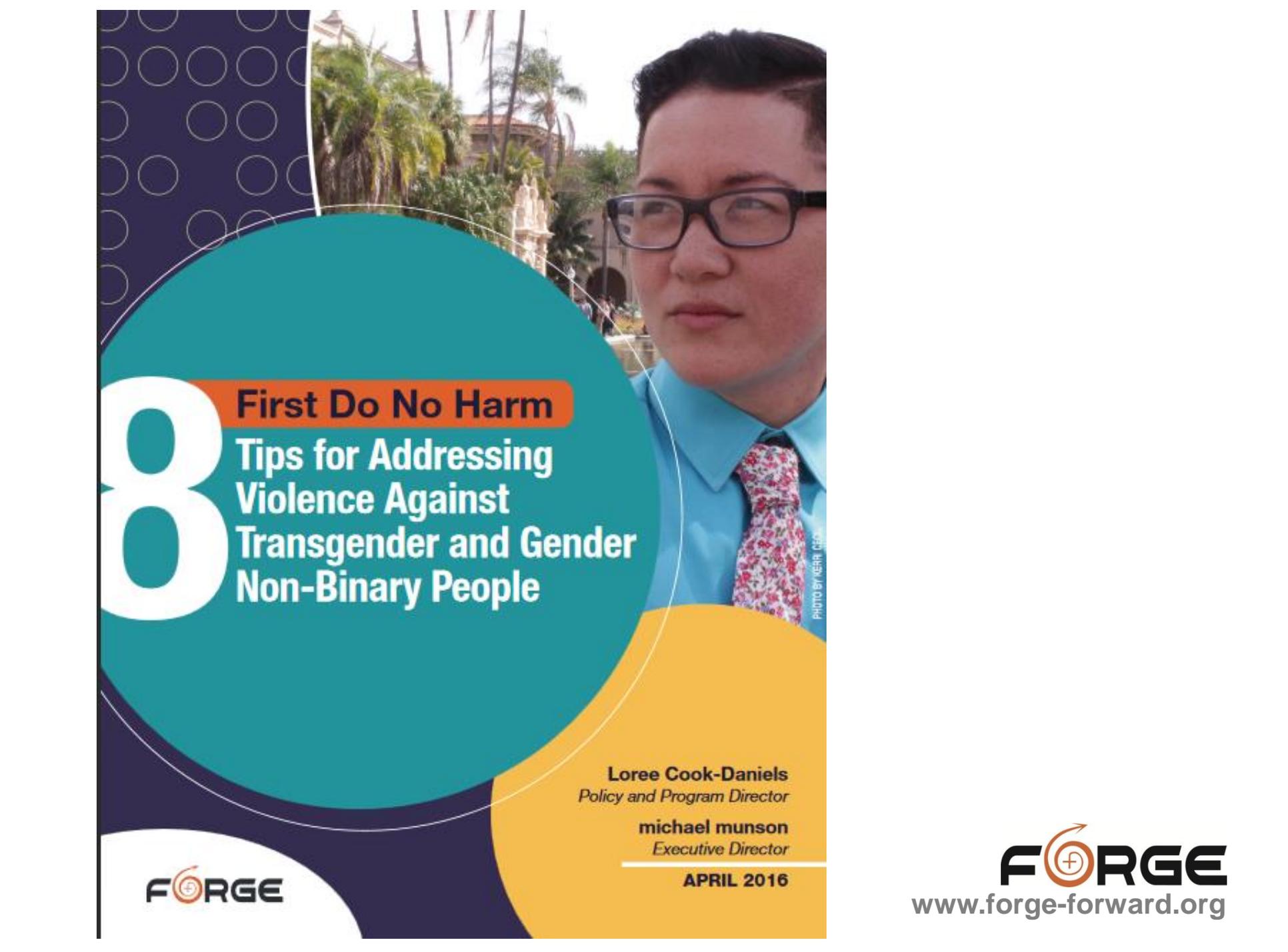
Safety Planning: A Guide for Transgender and Gender Non-Conforming Individuals Who Are Experiencing Intimate Partner Violence

Click on the link below to download and/or print the standalone PDF version of this safety planning tool:

<http://forge-forward.org/wp-content/docs/safety-planning-tool.pdf>

About This Document

There are many sections to this safety planning document in order to provide a more comprehensive tool. It may feel long and overwhelming. Consider reading only a few sections at a time. Remember also that any step you take to improve your safety is important; you do not need to take them all.

The cover features a photograph of a woman with dark hair and glasses, wearing a light blue shirt and a floral tie. The background shows palm trees and a building. The design includes a dark blue area with white circles, a teal circle containing the title, and a yellow circle at the bottom right. The FORGE logo is in the bottom left, and the FORGE logo and website are in the bottom right.

8

First Do No Harm

Tips for Addressing Violence Against Transgender and Gender Non-Binary People

Loree Cook-Daniels
Policy and Program Director

michael munson
Executive Director

APRIL 2016

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www.forge-forward.org

Let's Talk About It!

A Transgender
Survivor's Guide
to Accessing Therapy



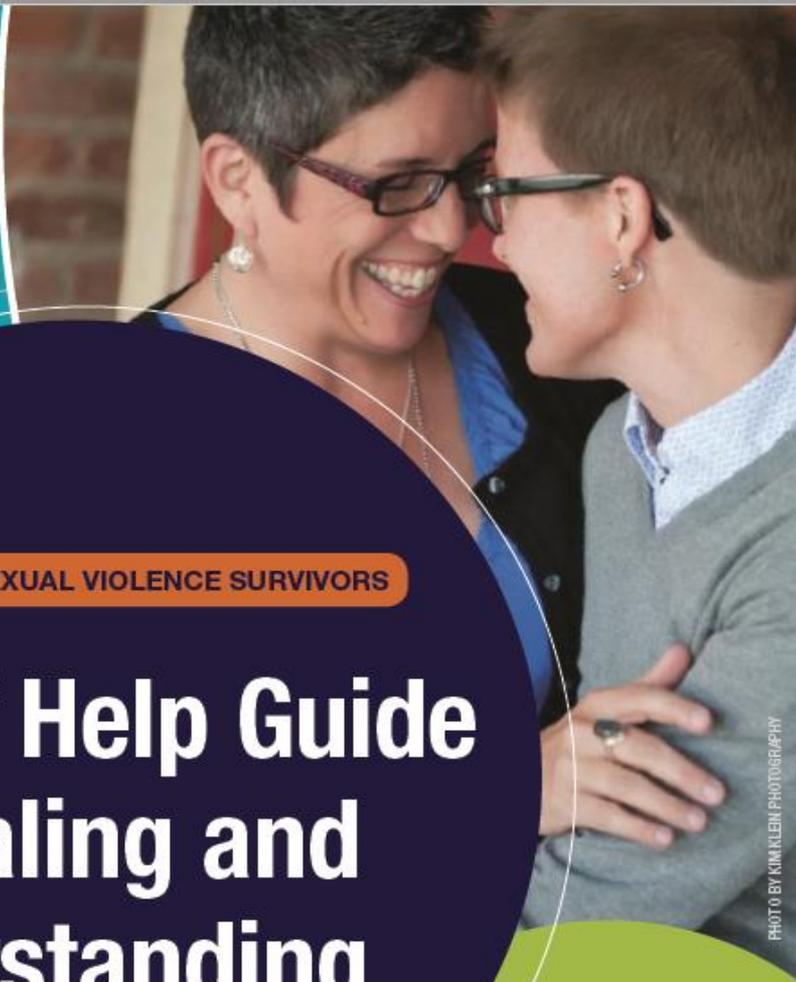


PHOTO BY KIM KLEIN PHOTOGRAPHY

TRANSGENDER SEXUAL VIOLENCE SURVIVORS

A Self Help Guide to Healing and Understanding

Michael Munson
Executive Director

Loree Cook-Daniels
Policy and Program Director

FORGE TRANSGENDER SEXUAL
VIOLENCE PROJECT

SEPTEMBER 2015

FORGE
www.forge-forward.org

A GUIDE FOR
Partners and Loved Ones
of Transgender Sexual
Violence Survivors



michael munson
Executive Director

Loree Cook-Daniels
Policy and Program Director

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SPRING 2016

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A GUIDE FOR

**Facilitators of Transgender
Community Groups:
Supporting Sexual Violence Survivors**



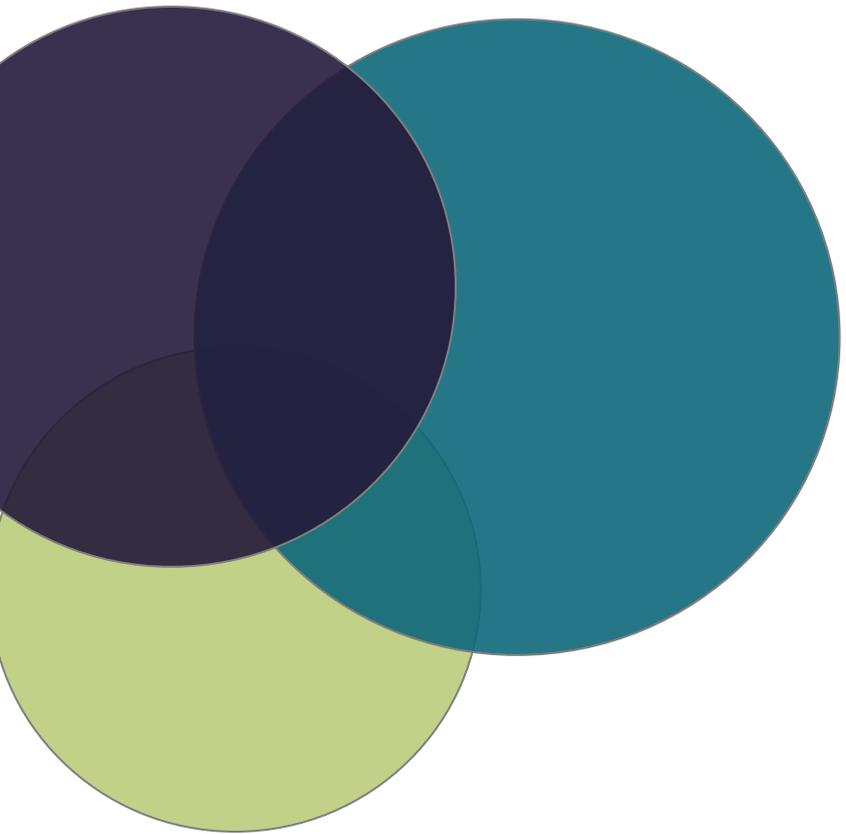
michael munson
Executive Director

Loree Cook-Daniels
Policy and Program Director

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What you can do

(organization /
professionally)

Training

Helping therapists and victim service providers better serve transgender and gender non-conforming survivors



FREE WEBINARS

• **ONLINE ARCHIVE** •
available @ www.forge-forward.org

- . Transgender sexual violence
- . Safety planning
- . Power and control tactics specific to trans people
- . Policies improving trans peoples' lives
- . Forensic exams
- . Stalking
- . Strategies for improving trans-police relations
- . The intersections of sex work and violence
- . Anti-trans violence in prison
- . VAWA non-discrimination conditions
- . Sex segregated services
- . Transgender Day of Remembrance
- . Community Cares: mobilizing after a high profile crime
- . Creating a trans-welcoming environment
- . Transgender, disability & trauma
- . Working with rural trans survivors
- . Trans-specific barriers to accessing health care
- . Transgender sexuality and trauma
- . Trauma and transgender older adults
- . Therapists working with transgender survivors

Sign up or view archive@
www.forge-forward.org/webinars | AskFORGE@forge-forward.org

TECHNICAL ASSISTANCE

• **HOW WE CAN SUPPORT YOU** •
and your transgender clients

- . One-on-one technical assistance
- . Training webinars – live and archived on-demand
- . Conference workshops
- . Customized trainings
- . Transgender cultural competency materials and tools
- . Fact sheets and other printable resources
- . Survivor education publications
- . Therapist and support group referrals for survivors
- . Direct support services for survivors
- . Transgender policy updates

STAY CONNECTED!



OVER 50
HOURS OF
FREE VIDEO
TRAINING



Taking a stand



Those who are pushing anti-transgender proposals have claimed that these proposals are necessary for public safety and to prevent sexual violence against women and children. As rape crisis centers, shelters, and other service providers who work each and every day to meet the needs of all survivors and reduce sexual assault and domestic violence throughout society, we speak from experience and expertise when we state that these claims are false.



250+

SEXUAL ASSAULT & DOMESTIC VIOLENCE GROUPS

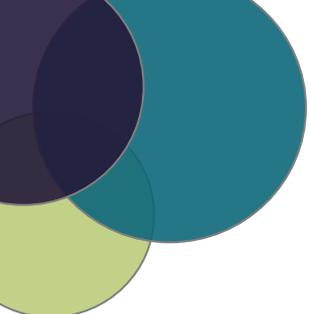
condemn legislation targeting transgender people

#ProtectEveryone

Bathrooms

So, tell me,
which girl shouldn't be allowed in?



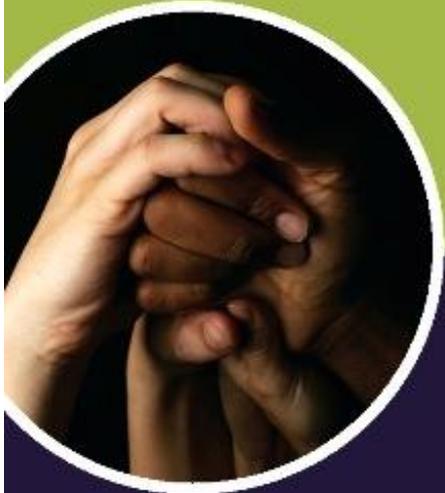


Connect with LGBT Orgs



Inclusive literature

It's never too late



to heal from abuse or assault.

FORGE
TRANSGENDER SEXUAL VIOLENCE PROJECT



the **ESPAVO** project



FORGE

forge.zenfolio.com

Know your rights! (Share!)

Know Your Rights!

Trans Survivors of Domestic and Sexual Violence

SUMMER 2015

If you have experienced domestic violence, sexual assault, dating violence, or stalking, you are entitled to many free services from an extensive set of federally-funded programs (emergency shelters, rape crisis centers, support groups, legal advocacy, etc.) under the Violence Against Women Act (VAWA). VAWA now explicitly protects transgender and lesbian, gay, and bisexual (LGB) survivors and provides ways to get help if you are discriminated against.

YOU HAVE A RIGHT TO VAWA-FUNDED SERVICES.

Any agency (police, prosecutors, rape crisis centers, domestic violence shelters, legal aid, hotlines, support groups, etc.) that receives VAWA money has to treat transgender people respectfully and provide equal or similar services by law.

■ What does that mean?

Trans, gender non-conforming, and gender non-binary people CANNOT be turned away from or be discriminated against by these agencies because of their sex, gender identity, gender expression or sexual orientation.

■ Here are a few examples of how this new law helps transgender survivors of violence:

- The agency cannot say it only serves women: it must

YOU HAVE A RIGHT TO COMPARABLE SERVICES.

Under VAWA's nondiscrimination conditions, agencies can have sex-segregated or sex-specific services only if that segregation is "necessary to the essential operation of a program." If an agency that only provides sex-segregated services cannot serve you in the same way it serves others (for example, you are a trans man and they only have a female-only support group), the agency MUST provide you "comparable services." Simply referring you to another agency that serves people of your sex, gender identity, gender expression, or sexual orientation is NOT enough if they accept VAWA funds.

■ Here is an example of comparable services for trans survivors:

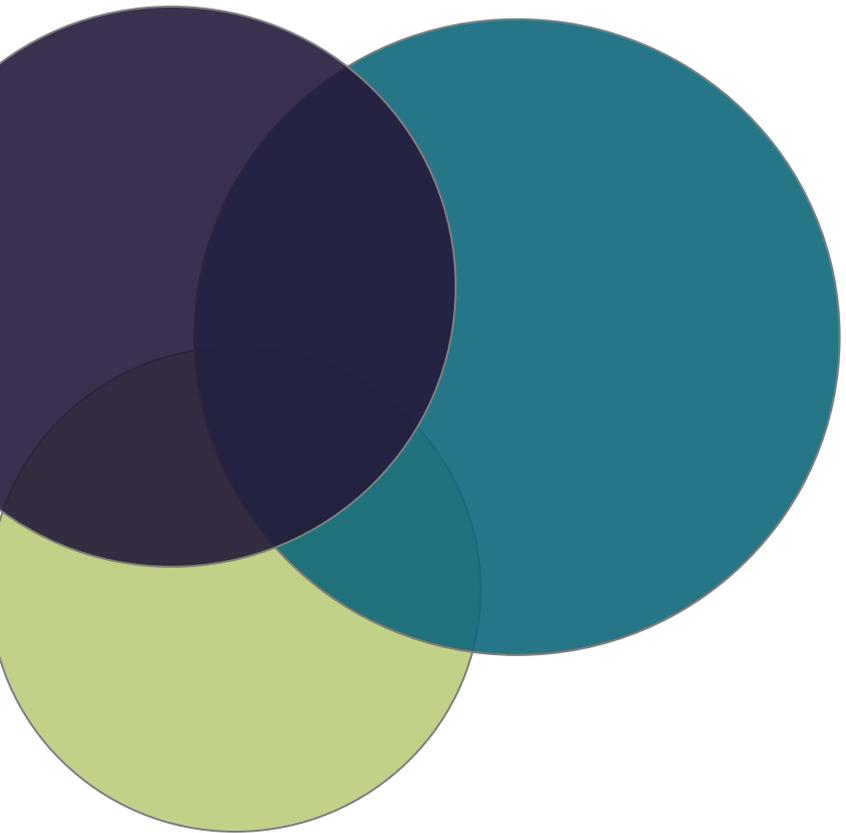
Harm reduction

- Recognize behaviors are likely coping strategies
- Help clients reduce harm
- Intersectionality & priorities
- Focus on mutual goals

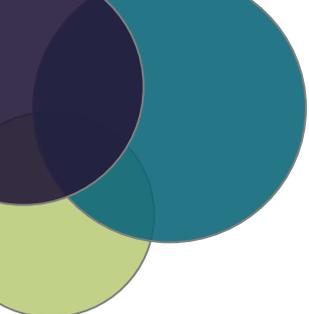


Support





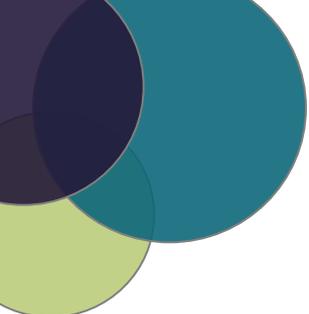
Micro- INCLUSIONS: What you can do (individually)



Micro-INCLUSIONS

Micro-inclusions are a small step to include someone.

On a bigger scale, **micro-inclusions are symbolic actions that force us to recall the humanity of others.**



She made us cry

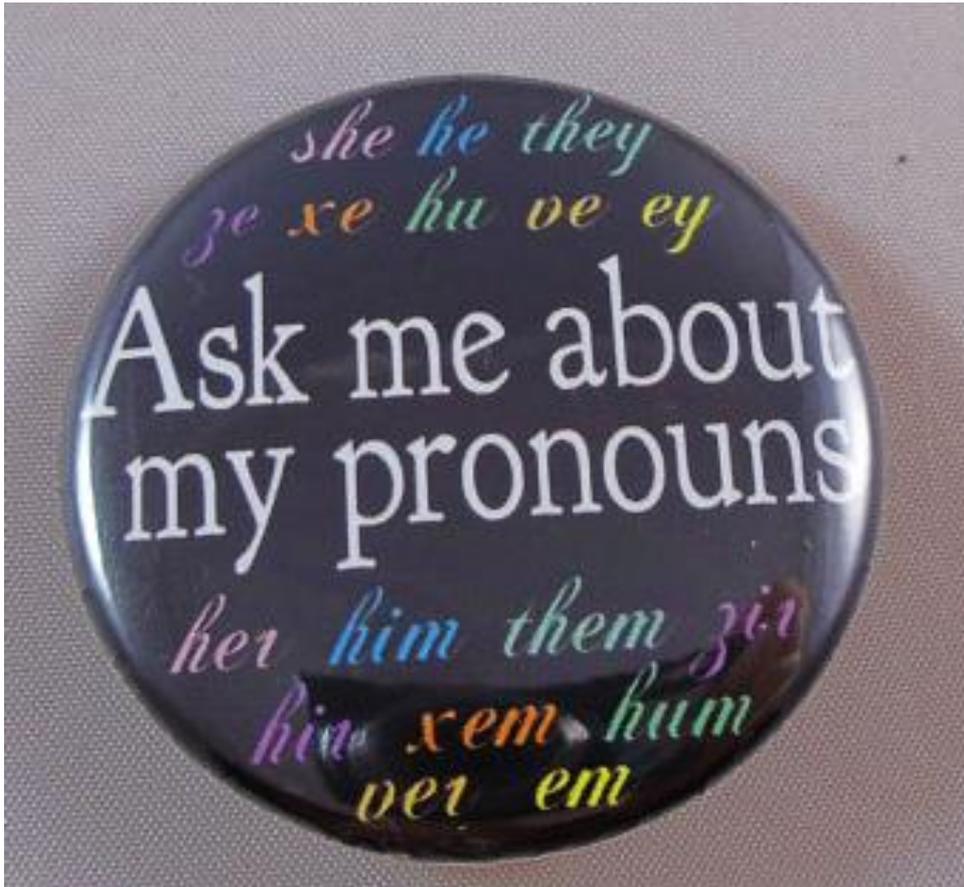
“The Department of Justice and indeed the entire Obama administration want you to know that we see you, we stand with you, and we will do everything we can to protect you going forward.”



Buttons



Introduce yourself



Body language



Eye contact



Touch



Be KIND







Thank you!

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