

## **Personal Assessment Tool**

This checklist is a tool to help you develop your own personalized training plan. The goal is to identify your areas of strength (and celebrate them!) as well as areas where you would benefit from additional training, support, or resources.

Once you have completed the assessment we recommend choosing two or three topic areas to focus on for the next three to six months. WCSAP has gathered a collection of resources related to each and we are available for support as you increase your knowledge and develop these skills and abilities.

	I am a Beginner	Need Support and Info	Feeling Good Just Need to Keep Up
The Sexual Violence Field			
Accreditation Purpose and Process			
Anti-Oppression Work Understanding and Application			
Addressing Staff Morale, Burnout, and Vicarious Trauma			
Considerations For Serving Youth			
Current Issues in Sexual Violence Advocacy and Prevention			
Cultural Competency and Reducing Barriers to Services			
History and Current State of the Sexual Assault Movement			



	I am a Beginner	Need Support and Info	Feeling Good Just Need to Keep Up
Agency Operations			
Developing and Implementing Policies, Plans, and Procedures			
Emergency and Disaster Preparedness			
Financial Management and Leadership			
Human Resources			
Program Evaluation			
Strategic Planning			
Technology and Tech Safety			
Steering the Ship			
Coaching and Supervision			
Community Collaboration			
Facilitation and Presentation Skills			



	I am a Beginner	Need Support and Info	Feeling Good Just Need to Keep Up
Marketing and Branding Your Organization including social media			
Public Policy			
Succession Planning			
Teambuilding and Promoting Leadership Skills			
Working with the Board of Directors			
Working with the Media			